

The Morning Calm Weekly

Volume 3, Issue 34

PUBLISHED FOR THOSE SERVING IN THE REPUBLIC OF KOREA

June 17, 2005

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Draft not solution for recruiting shortfall

DoD won't sacrifice quality to boost enlistment numbers

By Donna Miles

American Forces Press Service

WASHINGTON — Despite recruiting shortfalls for the active Army and all reserve components except the Air Force Reserve in May, defense officials say they will strive to fill the ranks with the highest-quality recruits possible and have no intention of supporting a draft.

The Defense Department released May recruiting and retention statistics for all four services June 10, providing a departmentwide manpower picture.

The Navy, Marine Corps and Air Force all met or exceeded their May recruiting goals, but the Army fell short by 25 percent. During May, the Army had hoped to recruit 6,700

new members but missed the mark by 1,661 recruits, DoD officials said today.

The Navy enlisted 1,947 members in May; the Marine Corps, 1,904; and the Air Force, 1,049.

On the reserve component front, the Air Force Reserve surpassed its recruiting goal for the seventh consecutive month, enlisting 682 recruits. And while the Army Reserve, Naval Reserve and Marine Corps Reserve brought aboard more recruits than in any month since October, all fell short of their goals for May, officials said.

The Army Reserve met 82 percent of its May recruitment goal, enlisting 2,269 soldiers. The Naval Reserve brought aboard 1,074 sailors, reaching 94 percent of its May goal; and the Marine Corps Reserve met 88 percent of its recruiting goal, recruiting 955 Marines.

While recruiting numbers for May were lower than hoped - something defense officials acknowledged was expected during the slow spring recruiting season - every service met or exceeded its retention goals for the month.

That's positive news, because military readiness depends on both recruiting and retention, and success in one can help offset shortages in the other, Bill Carr, acting deputy undersecretary for military personnel policy, said during a joint interview with American Forces Press Service and Pentagon Channel.

"Retention has overachieved, and that has helped the underachievement in some parts of the recruiting effort," Carr said.

While acknowledging that all the components "had another tough month" recruiting in May, Carr said he's optimistic that rates will pick up during the summer, when new high

school graduates begin enlisting.

Despite the pressures recruiters are up against - a strong economy, higher recruitment goals and lack of support by many parents and other people who influence a person's recruitment decision - Carr said the military won't drop its standards to fill its ranks.

The Defense Department requires that 90 percent of recruits have high school diplomas and that at least 60 percent of them get higher-than-average scores on the Armed Forces Qualification Test. All active components met these standards in May.

Carr said neither requirement can be easily compromised. High school diplomas represent "a stick-to-it-iveness and ability to follow through," he said, a strong indicator of whether a recruit will successfully complete an initial enlistment.

In addition, there's "a direct,

See **Recruit**, Page 4

Hats off to the Class of '05



CPL. SEO KI-CHUL

Newly graduated seniors from Seoul American High School throw their caps in the air at the completion of the school's commencement ceremony Saturday. A similar scene could be found at many installations throughout Korea in the past week, as Department of Defense Dependent Schools at Daegu, Osan, Busan, and at the Indianhead International School and International Christian School, both in Area I, held graduation ceremonies. More than 130 members of the SAHS Class of 2005 finished their high school career at the Yongsan ceremony. For a list of graduating seniors, see Page 3. For related stories, see pages 9-10.

Bush: U.S., South Korea united on N. Korea nukes issue

By Gerry J. Gilmore

American Forces Press Service

WASHINGTON — President Bush and South Korean President Roh Moo-hyun said June 10 their governments are united in keeping the Korean Peninsula nuclear-free.

Standing next to Roh at a White House press conference, Bush told reporters that the U.S. and South Korea "share the same goal, and that is a Korean Peninsula without a nuclear weapon."

North Korea, ruled by strongman Kim Jong-il, is suspected of possessing at least one nuclear weapon and maybe more. Some leaders believe that Kim's regime may be contemplating conducting nuclear tests, which would militarily destabilize the region.

Bush said he and Roh favor using six-way diplomatic talks involving North Korea, the U.S., South Korea, China, Russia and Japan to persuade Kim to give up his nuclear weapons. The North Koreans have blown hot and cold about the talks, but recently indicated they'd come back to the bargaining table.

The six-way discussion framework "is still there," Bush said, noting it's "full of inducements" for Kim to jettison his nukes.

Discrediting media reports citing U.S.-South Korean discord over how to get North Korea to give up its nuclear weapons, Roh declared that his country and the U.S. are "in full and perfect agreement on the basic principles."

The South Korea-U.S. alliance "remains solid, and will continue to remain solid and staunch in the future, as well," Roh said.

Bush said the six-party talks "are essential to saying to Mr. Kim Jong-il that he ought to give up his weapons."

South Korea and the U.S. "are of one voice on this very important issue," Bush said.

Good Neighbor Program enhances understanding



In our third year of the Good Neighbor Program, I want to thank you for being such Good Neighbors to our Korean

first Good Neighbor English Camp. This program was extremely successful, with laudatory comments from both the students and the hosts.

Our student guests had an opportunity to see United States Forces Korea at its best – from the professional airmen and air defenders at Osan Air Base to the warriors at Camp Casey to the guardians at the Joint Security Area. They also spent time with the students at the Seoul American High School, the musicians of the 8th Army Band and the broadcasters of the American Forces Network. These students were able to meet and talk to Americans from all walks of life, serving in a variety of occupations.

The result was a better understanding of the mission and purpose of USFK and a greater appreciation for the dedication of U.S. servicemembers, civilians, contractors and their families.

I also want to recognize the winners of our third annual Good Neighbor Awards. These awards recognize individuals and organizations for exceptional contributions which result in a better quality of life for military members and the enhancement of Korean-American relations.

This year's organization winner was the Korean-American Association. The KAA is a nongovernmental private organization established in 1963 by prominent Koreans with Americans from the American Embassy, United States Forces Korea and the American Chamber of Commerce. Its charter is to promote friendship and understanding between Koreans and Americans.

We thank the KAA for its continued outstanding support of the USFK team. Its hard work has directly contributed to the improved

knowledge and understanding of the ROK-U.S. alliance. This year's individual winners include:

Cho Tae Hun; Hong Myung Ja; Lee Se Jong; Lee Soon Hyoung; Park Cheong Kyu; Park Jung Ki; Park Young Chul; Shin Sang Il; and Yi Hun Hui. These exceptional Korean citizens have worked hard on our behalf and we are grateful for their support and encouragement. They truly are our Good Neighbors.

I encourage all servicemembers, civilians, contractors and family members to participate in our Good Neighbor programs and activities. Each interaction can be an opportunity for a positive experience. Take the time to get out, meet our wonderful hosts, and enjoy your time in the Land of the Morning Calm.

GEN Leon J. LaPorte
Commander, UNC/CFC/USFK

MP Blotter

The following entries were excerpted from the past several weeks military police blotters. These entries may be incomplete and do not determine the guilt or innocence of any person.

■ Military Police were notified of larceny of private property, house breaking and wrongful damaging of private property. MPs revealed through investigation that person(s) unknown gained entry into a Soldier's off-post residence through the front door by damaging the lock. Subject(s) unknown then stole five pairs of shoes, two pair of jeans, a digital camera and one set of BDUs while they were secured and unattended.

A search of the area for subject(s) and/or witnesses by the Soldier and Korean National Police met with negative results. The Soldier rendered a written sworn statement attesting to the above incident and filed a report with KNP and provided the MPs with a copy of that report. Estimated cost of loss is in excess of \$2,400. Investigation continues by KNP.

■ Military Police were notified of an

assault consummated by battery, communicating a threat and disorderly conduct (drunkenness). Preliminary investigation disclosed that two Soldiers were involved in a verbal altercation. The first Soldier was escorted out of a club but later returned and stated a threat to the second Soldier who then struck him on the left side of his face with a closed hand and fled the scene.

The first Soldier was transported to a local medical facility where he received treatment for his injuries. The second Soldier was later apprehended in his barracks, administered a series of field sobriety tests which he failed, and was transported to a local medical facility where he was administered a command-directed blood alcohol test with results pending. The Soldier was released to his unit and was later advised of his legal rights, which he waived, rendering a written sworn statement attesting to the incident. This is an alcohol-related incident. Investigation continues by MPI.

■ Military Police were notified of an altered government ID card and underage drinking. MPs revealed through investigation a Soldier was observed in an off-post bar attempting to buy alcoholic beverages with an altered active-duty identification card. The Korean National Police identified the Soldier as a U.S. servicemember. KNP detected the odor of an alcoholic beverage on the Soldier's person and identified him as being under the legal age to consume alcohol. He was then apprehended and escorted to the KNP station, where he was transported by the military police to the MP station. He was administered portable breathalyzer with a reported BAC of .006 percent.

The Soldier was advised of his legal rights, which he invoked, requesting not to be questioned. He was then transported to a local medical facility for a command-directed blood alcohol test. He was further processed and released to his unit. Investigation continues by MPI.

Testing Day noise abatement

Korean high school students will take the 2005 Korean University National Examination today, Wednesday, Thursday and June 24. In numerous schools across the country, students will take the Korean Language and Foreign Language Hearing tests. The Republic of Korea government has requested that all residents keep noise to an absolute minimum during these testing periods.

In an effort to comply with this request, U.S. Forces Korea commanders have agreed to not conduct aviation or ground ranges and will minimize tactical wheel and refrain from tracked movement during the specified quiet hours.

Officials request that individuals comply with this request in their personal activities.

Published by IMA-Korea Region

This Army newspaper is an authorized publication for members of the Department of Defense. Contents of The Morning Calm Weekly are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, or Department of the Army.

The editorial content of this weekly publication is the responsibility of the IMA-Korea Region, Public Affairs, APO AP 96205.

Circulation: 12,500

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Support and Defend

NEWS & NOTES

176th Finance Bn.
Organization Day

The 176th Finance Battalion will hold its Organization Day June 24. All the organization's finance offices will be closed for this event. In- and out-processing services will still be offered, but will do so with a limited staff. This closure will be peninsula-wide. Offices will be open again June 27 on their regular schedule.

Combined Joint Staff
Seeks Command
Narrator

The Secretary Combined Joint Staff is seeking a command narrator. The narrator performs duties for all UNC/CFC/USFK Honor Guard and Award Ceremonies. The narrator must possess the ability to speak English clearly. Bearing, professional image and ability to quickly adapt to changing situations is a must. The ability to communicate with foreign dignitaries, general officers and distinguished visitors is essential. The narrator position is open to O-1 through O-3 and E5 through E7. Interested personnel may contact Maj. Floyd, at 723-5227 or Sgt. Maj. Shirley Garrett, at 723-3615 to set up an interview.

Warrant Officer
Recruiting Team

A Warrant Officer Recruiting Team from Headquarters, U.S. Army Recruiting Command, Fort Knox, Ky., will brief on qualifications and application procedures to applicants interested in becoming U.S. Army warrant officers. Current shortages include: Military Intelligence, Special Forces, Food Service, Air Drop Systems and Electronic Missiles Systems Maintenance. The brief will be at 9:30 a.m. and 1:30 p.m. today at the Multi-Purpose Training Facility, Bldg. 4218, Yongsan South Post. For information, call 723-5558.

Reserve CGSOC
Instructors Wanted

Instructors are being sought to teach the Command and General Staff Officers Course in Yongsan. Applicants must be an Army Reserve Soldier, hold the rank of major or lieutenant colonel, be MEL4 qualified, be willing to transfer to the 4960th MFTB, and meet the Army height and weight standards. Interested personnel should contact Lt. Col. Dennis Davenport at 723-4394 or by e-mail at DavenportD@korea.army.mil.

TMCW Submissions

Send Letters to the Editor, story submissions and other items to MorningCalmWeekly@korea.army.mil. For information, call 738-3355.

Combat Action Badge eligibility announced

Army News Service

WASHINGTON — The Army announced last week the eligibility requirements for its new Combat Action Badge.

The requirements are laid out in a Department of the Army letter published June 3. The letter also discusses changes to the Combat Infantryman Badge and the Combat Medic Badge.

The CAB, whose design features both a bayonet and grenade, may be awarded to any Soldier performing assigned duties in an area where hostile fire pay or imminent danger pay is authorized, who is personally present and actively engaging or being engaged by the enemy, and performing satisfactorily in accordance with the prescribed rules of engagement, according to the specific eligibility requirements.

Assignment to a Combat Arms unit or a unit organized to conduct close or offensive combat operations, or performing offensive combat operations is not required to qualify for the CAB. However, it is not intended to award all Soldiers who serve in a combat zone or imminent danger area.

Award of the CAB is not limited by one's branch or military occupational specialty; however, to receive the CAB, a Soldier must not be assigned or attached to a unit that would qualify the Soldier for the CIB or CMB. For example, an 11B assigned to Corps staff is eligible for award of the CAB. However, an 11B assigned to an infantry battalion is not eligible for award of the CAB.

Other guidelines for awarding of the CAB include:

■ Other Services and foreign soldiers may be awarded to members from the other U.S. Armed Forces and foreign soldiers assigned to a U.S. Army unit, provided they meet the above criteria (that is, KATUSAs in 2d ID).

■ Award of the CAB is authorized from Sept. 18, 2001, to a date to be determined. Award for qualifying service in any previous conflict is not authorized. Retroactive awards for the CAB may be awarded but are not authorized prior



ARMY PHOTO

The new Combat Action Badge will be available in clothing sales stores later this summer.

to Sept. 18, 2001.

■ Only one CAB may be awarded during a qualifying period. Second and third awards of the CAB for subsequent qualifying periods will be indicated by superimposing one and two stars respectively, centered at the top of the badge between the points of the oak wreath.

The CAB's creation was approved by Army chief of staff Gen. Peter J. Schoomaker May 2, 2005, to provide special recognition to Soldiers who personally engage or are engaged by the enemy.

"Warfare is still a human endeavor," Schoomaker said. "Our intent is to recognize Soldiers who demonstrate and live the Warrior Ethos."

"The Global War on Terrorism and its associated operations will be the first era of conflict considered for this award," said Lt. Col. Bill Johnson, Human Resources Command chief of military awards. "Sept. 18, 2001, is the effective date for the new award. That is when President Bush signed Senate Joint Resolution 23, authorizing the use of military force against those responsible for the recent attacks launched against the United States."

The CAB should be available late this summer or early fall through unit supply and military clothing sales stores.

Congratulations Class of 2005

The Morning Calm Weekly would like to congratulate all graduating seniors from Department of Defense Dependent Schools throughout Korea. The list of graduates includes:

Area I

Indianhead International School
Jessica Choi
Hanju Lee
Benjamin Lew
Bryan Oh
John Suh
Suki Sean Moon
Leo Alexander Lee
International Christian School
Paul Back
Daniel Choi
John Kim
Yeran Kim
Christopher Kiyonaga
Eugenia Woo

Area III

Osan American High School
Shirley D. Alcántara
Yendry de los Angeles Alcántara
Caroline Kim Armstrong
Kevin G. Carver
Jasmine A. Cary
Aaron R. Clifton
Ellis B. Colton, IV
Mina Davis
Misty Devin
Suzi Devin
Darnell Christopher Durham
Stacey Kim Eley
Christina Gerrard
Isaac Smith Godwin
Van L. Hauter
Whitney G. Huey
Stephen C. Kincade

Su Chi Knisely
Benjamin Robert Kretz
Sharon Kim Kroening
Scott J. Lenihan
Kimberly Kaye Mims
Mark A. Mohr
Natasha Nakita Mongar
Brian Moore
Aimee K. Parker
Maria Popelka
Daniel A. Reid
Ashley F. Rhinehart
Sarah S. Rodriguez
Michael Anthony Garza Semple
Aaron Clay Simmons
Lawrence H. Song
George Stake
James Y. Taylor
Rianne LaShae Tillery
Charles T. Walker Jr.
Kimberly R. Whitley
Rikki L. Winger
Chelsea D. Wood
Jenny Lee Zeilfelder

Area IV

Taegu American School
David Arocho
John Black
Angela Cho
Aaron Dick
Buster Epperson
Ashley Gooch
Stephanie Hawkland
Mary Hesser
Quintalis Hill
Michael John

Jennifer Jones
Bradley Kang
Edward Kang
Allon Kim
Mi-Hee Kim
Sung-Am Kim
David Lee
Jin McBride
Yvonne Morris
Richard Oberle
Dustin Page
Andrea Paulson
Jessica Proctor
Amanda Stone
Jian West
Christina Wojtonik
Pusan American High School
Stephen L. Barrett
Aimee M. Brown
Brianna Carroll
Bradley H. Cheeseman
Mary E. Edwards
Mycal Hortan
Adam A. Karnkowski
Michael J. Lee
Roy W. Lee
David K. Ludwig
Synge C.D. O'Leary
Angel Pendleton
Maria C. Pendleton
Robert E. Smith
Sun Y. Smith
Meghan Sprague
Sae Rom Yoo

For information on graduates from Yongsan Garrison's Seoul American High School, see Pages 9-10.

New incentives, marketing aim to attract recruits

By Donna Miles

American Forces Press Service

WASHINGTON – The Army hopes to introduce new incentives to attract recruits while working to educate parents, teachers and other adults who influence young people’s decision to enlist about the long-term benefits of military service.

Army leaders hope to boost enlistment bonuses to help jump-start sagging recruiting rates, according to Bill Carr, acting deputy undersecretary of defense for military personnel policy. They also hope to introduce a new benefit that helps soldiers purchase homes.

The incentives, if approved by Congress and signed by the president, would not apply to all Soldiers, but will be “selectively applied” depending on the circumstances, Carr explained.

The current enlistment bonus is \$20,000, the rate introduced in 1999. The version of the fiscal 2006 Defense Authorization Bill under consideration in the House of Representatives proposes raising this figure to \$30,000. Carr said the Army is “hopeful we can do even better than that.”

Also under consideration is a pilot program that would pay up to \$50,000 in mortgage costs for recruits who enlist for eight years of duty, Carr said.

Carr said this concept is popular among potential recruits, but resonates particularly well among adults who influence their decisions regarding military service.

Army officials express concern that these “influencers” are steering young people away from the military over concerns that they’ll be deployed to Iraq or elsewhere in harm’s way.

In response, the Army has launched an information effort to

help turn them around and demonstrate that the military is “a good foundation to build the rest of your life on,” Carr said.

Television and magazine ads directed to these influencers emphasize the educational and personal growth opportunities the military provides.

“The way we represent ourselves has shifted,” Carr said. “In the past, we talked to youth about the advantages of them joining the service. But the message has changed more toward why it makes sense for your son or daughter to serve in the military today and ... what’s in it for them.”

The message doesn’t minimize the possibility that recruits may go into combat and face danger, Carr said. Instead, it focuses on “the certainty of what the military has to offer,” he said.

When comparing the two, “it’s a wonderful calculation,” Carr said.

Carr said it’s too soon to tell how the new ads or the introduction of shorter-term enlistments have affected recruiting.

The Army began offering a 15-month enlistment option last month that gives recruits in 59 different specialties a choice of following military duty with service in a program such as AmeriCorps or the Peace Corps. The 15-Month Plus Training Enlistment Option was first introduced in October 2003 as a pilot program in 10 of the Army’s 41 recruiting battalions, but was expanded nationwide in mid-May.

He’s optimistic that recruiting will pick up during the summer months, when new high school graduates begin visiting their local recruiting stations. Compared to the traditionally slow spring recruiting season, “summer is an enormously more favorable environment,” he said.

Recruit

from Page 1

compelling correlation” between recruits’ aptitude test scores and their productivity and job performance, Carr said. “High aptitude translates into performance,” he said.

Similarly, Carr said the Defense Department has no interest in resorting to a draft. “There is zero chance that the department is going to a draft,” he said.

Today’s weapon systems demand an environment in which experienced noncommissioned officers work hand in

hand with junior members so they can develop their skills before advancing in the ranks, Carr said. And that’s a dynamic the conscription system simply doesn’t promote, he said.

“We need more people beyond their first term of service, and we don’t want ‘shake and bake’ sergeants holding control over lethal systems,” he said.

“Conscription is fatal to our performance,” Carr said. “It’s not a social thing. It’s a performance thing.”

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Have an item for The Morning Calm Weekly? Send story and photo submissions, comments and other items to MorningCalmWeekly@korea.army.mil.

Deadline for submission is close of business the Friday prior to the date the item is to be published. For information, call 738-3355.

Army chief of staff visits 2ID warriors

Top general drops in during annual Warfighter Exercise

By Spc. Chris Stephens
2nd Infantry Division Public Affairs

CAMP RED CLOUD — The Army's top officer dropped in to meet with Warrior Country leaders and Soldiers June 10 during the annual Warfighter Exercise.

During his visit, U.S. Army Chief of Staff Gen. Peter J. Schoomaker, saw the jobs many Soldiers would perform during wartime.

"Everyone has an important job," Schoomaker said.

During his visit, Schoomaker sat down to discuss issues, such as transformation, the Warrior Ethos and training going on in the Republic of Korea.

"I think we're moving out very well with transformation plans," he said. "In many areas, we're ahead of schedule."

Schoomaker also said he was impressed with the strides in transformation the 2nd Infantry Division leadership has taken.

"The Second Infantry Division is a good example of one area where the leadership has moved out and the Soldiers are moving in the direction of the unit of action and unit of employment," he said.

The Warrior Ethos was also something on the mind of the Cheyenne, Wyo., native.

"I think it has helped focus our Soldiers on what they have always wanted to be and what they've always thought of themselves," Schoomaker said. "It helps articulate the essence of being a Soldier."

"I think we're moving out very well with transformation plans."

—Gen. Peter J. Schoomaker

However, Schoomaker said the Warrior Ethos isn't just for the battlefield.

"It's a way to think about life, to include your family life and the rest of it," he said. It's a philosophy that's very comprehensive in all aspects of life."

Schoomaker told Soldiers that the division's ability to prepare for battle has not only made a difference here in Korea, but around the world, referring to the training the 2nd Brigade Combat Team, 2nd Infantry Division, received prior to deploying to Iraq in August 2004.

"They arrived fit to fight, ready to go, and have been victorious in



SPC. CHRIS STEPHENS

Maj. Gen. George A. Higgins (left) speaks with Army Chief of Staff Gen. Peter J. Schoomaker at the 2nd Infantry Division command bunker Friday.

everything they've done," he said. "The kind of training and preparations that are going on here with our organizations are right."

Schoomaker, who was a member of the Indianhead Division more than 25 years ago, said he was proud to have served in a great division like the 2nd Inf. Div.

Second Inf. Div. Commanding General, Maj. Gen. George A. Higgins

promptly responded, "Once a warrior, always a warrior."

Schoomaker serves as the senior military leader of the Army and all of its components. He assists the Secretary of the Army in presenting and justifying Army policies, plans, programs, and budgets to the Secretary of Defense, executive branch, and Congress.

E-mail chris.stephens@korea.army.mil

MWR officials look to future of entertainment

By Spc. Stephanie Pearson
Area I Public Affairs

CAMP RED CLOUD — The U.S. Army Community and Family Support Center director visited June 7 to discuss Morale, Welfare and Recreation programs in Area I.

Brig. Gen. John A. Macdonald met with Area I MWR officials to hear about Warrior Country entertainment programs and facilities, and to see "what the Community and Family Support Center can do for you," he said.

Officials presented a slide show highlighting MWR events of the past year.

"We've seen the Dallas Cowboys Cheerleaders, Papa Roach, Angie Stone, Mark Wills, Jolie Edwards, Lugo, Quiet Riot and Skid Row," said Ron Fortin, Area I community recreation director, "and we're looking forward to the Army Soldier's Show in September."

Fortin talked about the future of Warrior Country entertainment.

"In today's Army, Soldiers are looking for programs that offer adventure and excitement," he said. "They want activities like bungee jumping, hang gliding and snow

boarding, and that's the direction we're heading in our off-installation recreational programming."

Fortin also said organizers get more bang for their buck when they hold multimedia entertainment events.

Macdonald agreed, saying the ideal event is "a country western band playing on stage, some kind of dining facility in the middle, and a jazz or rock band on the side with sports events in between."

The trip was part of Macdonald's visit to Korea to assess MWR activity throughout the peninsula.

"I wanted to see what the Community and Family Support Center can do for you," he said.

The CFSC was established by the Department of the Army in November 1984. The center provides oversight for Army MWR operations worldwide.

"We run all the recreation and slot-machine operations," Macdonald explained. "We're the technical



SPC. STEPHANIE PEARSON

Chris Bradshaw, Area I business manager, briefs Brig. Gen. John A. Macdonald about the Warrior Country club system June 7.

See **Entertainment**, Page 7

NEWS & NOTES

Poetry Night

Area I Better Opportunities for Single and unaccompanied Soldiers will host a poetry and jazz night 7–9 p.m. Saturday at Camp Red Cloud's Mitchell's Club. There will be an open microphone for poetry reading and live music from the Gregg Jordan Band. BOSS representatives will collect food and clothing donations at the event to support a local orphanage. For information, call 010-3184-4618.

Ration-Control Hours

The Camp Red Cloud Ration-Control Office's new hours are: closed on Mondays, open from 8:30 a.m. – 4 p.m. Tuesday – Friday. The office is closed for lunch from 1–2 p.m.

Black-Market Hotline

The Black-Market Hotline number has changed to 738-5118. The number is monitored by an investigator during normal duty hours and switched to a recorder after hours. If an observation requires urgent attention, call the military police at 730-4417.

Computer Training

The Area I CPAC will give an Advanced Microsoft Excel workshop Tuesday – June 24 and an Advanced Microsoft Word workshop June 28 – July 1. Each course will cost \$262.50. Employees interested in attending must have a fund citation included when submitting the DD 1556. For information, call 732-9060.

Korean Baseball League

The Camp Stanley Community Activity Center is hosting a trip to Seoul June 25 to see the Korean Baseball League's Hanwha team play the LG team at Jamsil Field. The transportation fee is \$10, with a 10,000 won park entrance fee. The bus will leave the CAC at 4 p.m.

Academic Advisors Visit

University of Maryland University College and Central Texas College academic advisors will be at the Camp Stanley Education Center 9 a.m. – 2:30 p.m. June 29. They will be available by appointment to advise students and for evaluation of military training for college credit. For appointments, call 732-5915 for UMUC or 732-5354 for CTC.

Trunk Inspections

Drivers leaving Area I installations are now required to open their trunks for inspection upon exiting a base. The inspections are mandatory so gate guards can search for contraband. For security purposes, gate guards are not authorized to open trunks. Drivers must get out of their vehicles and do it themselves.

Changes of Command

Lieutenant Col. Stephen Murray, U.S. Army Garrison, Camp Casey commander, will relinquish command to Lt. Col. Terry Hodges in a ceremony 10 a.m. June 29 on Helipad 221, Camp Casey.

Indianhead sappers get savvy

Task Force 2-9 combat engineers, known as "Manchu Sappers" work on basic warfighter skills

By 1st Lt. Jon Sargent

Company E, Task Force 2-9

CAMP CASEY — Perfecting engineer tactics and techniques was the order of the day for Manchu Sappers, May 7.

While many Soldiers enjoyed their Saturday, sappers from Company E, Task Force 2-9, honed their Warrior skills. The unit conducted training in various areas around Camp Casey, including the Casey Training Trail, Air Assault Rappel Tower, Carey Gym and Schoonover Bowl.

"Today's training was important because it focused on the individual Soldiers performing basic Soldiers skills and Warrior 40 tasks while also being physically challenged," said Capt. Brian Smith, company commander.

Among the tasks the Soldiers completed were mountaineering, rappelling, weapons training and combatives (which included pugil sticks). The Soldiers also practiced tasks such as land navigation, and equipment operation and maintenance. The Soldiers kept their grenade qualification status



Pfc. Anthony Lopez practices the hand grenade toss while Spc. Charles Scott provides cover.

current at the hand grenade station.

"Today's training really encouraged me to look into going to Fort Campbell (Ky.) and Air Assault School for my next assignment," said Spc. Charles Scott.

Elements of the company were broken into squads; the sergeants led their respective squads in foot marches from station to station for a total of eight miles. The platoon sergeants and company first sergeant were the primary instructors.



PHOTOS BY 1ST LT. JON SARGENT

Spc. Charles Scott, a Task Force 2-9 combat engineer, tries his hand at rappelling May 7.

"Squad leaders' main role was to identify the risks involved with the training and enforce all safety measures through strict supervision," said Staff Sgt. Timothy Bare.

The highlight of the day's training for most of the Soldiers was the 50-foot rappel tower.

First Sgt. Sean Connor, a former sapper leader course instructor, demonstrated different knots to the Soldiers. Connor also taught Soldiers how to tie Swiss seats, basic rappelling and ascension climbing techniques.

"The core of this training is teaching Soldiers to be confident in themselves and their equipment," Connor said.

After receiving instruction, Soldiers ascended the tower using a pulley device, and once at the top practiced rappelling and belay techniques under the close supervision of sapper leaders, who were running the tower ensuring Soldiers were able to fight their fears and maintain safety standards.

Each squad was also treated to a spectacular view of Hovey Cut and the surrounding area from the top of the tower and enjoyed the descent zipping down to the ground in a couple of seconds.

"It was both peaceful and exciting to be at the top of the tower and to see both Camps Casey and Hovey," said Pfc. Bryan Rucker. "I really enjoyed it."

At the training trail, Soldiers received instruction on weapon operations and range cards. Sappers also learned how to assemble and disassemble all company crew-served weapons.

Sgt. 1st Class Alphonso Pope kept Soldiers interested with his unique approach to weapons training.

"You do not know when you have to engage the enemy and fire whatever weapon is available to you," Pope said. "Your battle buddy on another weapon could be injured or killed and you have to keep up the fire."

Soldiers got rowdy at the Schoonover Bowl combatives station where they learned defensive techniques and hand-

NATIONAL Men's Health

Warriors explore men's health issues

By David McNally

Area I Public Affairs

CAMP RED CLOUD — Warrior Country men focused attention on medical risks specific to them this week as part of a nationwide health campaign.

"The purpose is to raise awareness of the importance of preventive health behavior in the early detection and treatment of health problems affecting men," said Kenneth Cobb, Area I health promotion coordinator.

Cobb said although nongender-specific issues such as heart disease, cholesterol count and blood pressure are important, specific men's health issues such as prostate cancer, testicular cancer, and erectile dysfunction are topics many men avoid discussing.

National Men's Health Week is celebrated each year as the week leading up to and including Father's Day.

The observation week started in the U.S. in 1993 as an event to bring together government agencies, religious and fraternal organizations and corporations to commit to the prevention and treatment of men's health ailments.

A U.S. congressman introduced legislation Feb. 1 to establish an "Office of Men's Health" at the U.S. Department of Health and Human Services.

"This office would mirror the work of the existing Office of Women's Health, which has helped to save thousands of women's lives and has

improved the lives of many more," according to a statement by California Congressman Randy "Duke" Cunningham.

Cunningham was one of thousands of men annually diagnosed with prostate cancer. During a 1998 examination, his doctor noted a slight elevation in a test result.

After more tests, Cunningham was found to have the disease. He said early detection saved his life.

"But prostate cancer is only a small component of the men's health crisis," Cunningham wrote. "Men have a higher death rate than women do for every single one of the 10 leading causes of death in this country."

Men are twice as likely to die of heart disease — the number one killer — and 40 percent more likely to die of cancer.

"The largest part of the problem is that men do not take particularly good care of themselves," Cunningham said. "Only one-half of all men have received preventative health care services in the past year."

Staff Sgt. Ricky McCant, a personnel administration sergeant at Camp Red Cloud, agreed.

"After 40, you should see a doctor every year for a full exam," he said. "You never know when something is going to happen. It's a good idea to catch something early when it might be something they can treat."

McCant, 42, relies on physical fitness and diet to keep him in good health.

Cunningham says his efforts to bring attention to men's health issues are urgent.

This year, 198,100 men are

EDUCATION WEEK

expected to be diagnosed with prostate cancer; 31,500 will die from the disease.

"Women outlive men by six years," Cunningham explained. "We need to make men's health a public priority."

Because women live so much longer, he said, they are in the unenviable position of seeing their husbands, fathers and even their sons suffer and die prematurely.

Cobb said the rates of prostate cancer are 32 percent higher in black men than white men.

"Although prostate cancer is the most common cancer in men, it is treatable if caught early," Cobb said. "However, men are much too slow to see a doctor when something is wrong."

Cobb explained how all too often men will try to "tough it out" when they get an ache or pain.

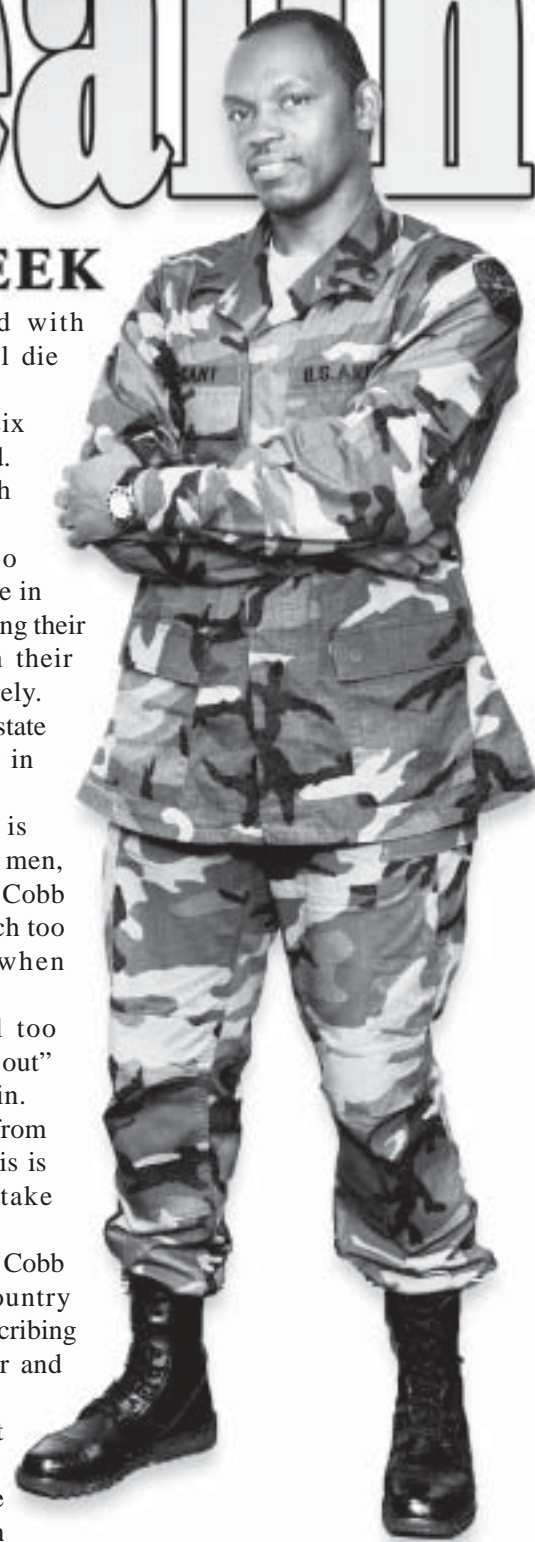
"My father passed away from prostate cancer," he said. "This is something we have to take seriously."

During the education week, Cobb provided many Warrior Country leaders with a presentation describing prostate and testicular cancer and erectile dysfunction.

"We need to get the word out on these issues," Cobb said.

For information on these health issues contact a health care provider or the Warrior Country health promotion coordinator at 730-3542.

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Staff Sgt. Ricky McCant, 42, Headquarters and Headquarters Company, Area I, counts on physical training to keep him healthy.

Sappers

from Page 6

to-hand fighting. Safety helmets and padding prevented injuries from the Pugil stick matches, but Soldiers achieved realism when they began knocking each other down and going all out against one another.

"The combatives station built confidence and a never-quit attitude, which will make our sappers better prepared for combat, both mentally and physically," said Staff Sgt. Earnest Cornwell.

At the final station on the Casey Training Trail, Soldiers negotiated a grenade assault course with interesting scenarios where they pitched simulated grenades from the prone, kneeling and crouched positions.

Soldiers flung grenades through windows, over bridge abutments and at

simulated mortar positions while operating in buddy teams.

"My sapper buddy and I had a great time doing IMT (individual movement techniques) and attacking the different targets," Scott said. "We have not done this training since we left basic training 20 months ago."

Training was not the only thing on the agenda for the engineers. As the sun dipped behind the mountains, the sappers enjoyed a company barbeque outside their barracks with live music and sports.

"Easy Company Soldiers made the most of the weekend and enhanced their war-fighting readiness with their training but also their resolve," Smith said.

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Entertainment

from Page 5

assistance for all the clubs, bowling centers, gymnasiums, Army Community Service centers, Community Activity Centers and Pear Blossom Cottages. Although these facilities are run by the garrison commanders, we provide the backup support."

Before taking over as CFSC director, Macdonald was assigned to Yongsan Army Garrison as the Installation Management Agency, Korea Region director.

"It's good to be back home in Korea," Macdonald said, adding that he was impressed with the rate of transformation taking place in Area I. "It's good to see things moving forward."

Macdonald said the Army is still

committed to providing world-class entertainment and leisure opportunities to its Soldiers, even during periods of change.

"It's best described in the word recreation," Macdonald said. "It's actually re-creation. We all work extremely hard, particularly in Area I. You've got to have a chance to rejuvenate, re-create, release tension and blow off steam or you can't go back to work — you get burned out. So that's why the Army spends a lot of time and energy on recreation for Soldiers."

And as long as there are Soldiers in Warrior Country, Fortin said, "MWR will remain focused and responsive to our customer requirements."

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Valor 6: Graduation ... a team effort

By Col. Timothy K. McNulty

Area II Support Activity commander

YONGSAN — The Seoul American High School Class of 2005 graduated Saturday at Yongsan Garrison, and I can safely say that the future is in good hands because of the actions and forward-



Col. Timothy McNulty

looking spirit of these graduates and the support network that has helped them along to this important milestone.

Some interesting facts about the Class of 2005:

■ The Class of 2005 has 24 students with a four-year cumulative grade point average of 4.0 or better

■ Thirty-five students had a 3.5 grade point average plus an 85th percentile in verbal or math on the SAT and ACT tests

■ Presidential Gold Seal Award: 24 students received the Silver Award

■ Forty three students applied for Reserve Officer Training Course scholarships. Thirty-two of those students have received offers of 61 ROTC scholarships and 11 other offers are still pending for other students. There have been appointments to West Point and the United States Air Force Academy for an education with an estimated value of the \$4.5 million each

■ Sixteen local clubs and organizations sponsored scholarships for the Class of 2005

■ For the past five years, about 80 percent of Seoul American High School students enroll in and attend four-year colleges or universities. About 12 percent enroll in two-year community college programs and about seven percent join the military. Roughly, one percent go directly into the job market

These impressive figures reflect great dedication and teamwork by Area II students, school administrators, teachers and parents. I applaud you all. And while graduation is a celebration for seniors continuing on their life's journey – one that will be filled with learning experiences – it is also a celebration for all of us who proudly send them on their way.

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Cpl. Seo Ki-chul

Graduating seniors congratulate each other with hugs after the Seoul American High School commencement ceremony Saturday.

Class of 2005 leaving for real world

By Sgt. Park Jin-woo

Area II Public Affairs

YONGSAN — The director of Department of Defense Dependant Schools-Pacific, Dr. Nancy Bressell, passed on words of encouragement to the body of students representing Seoul American High School's Class of 2005, during a graduation ceremony Saturday.

In her remarks, Bressell emphasized to more than 130 graduating seniors that they need to believe, to dream and to be connected in relationships.

"Each graduating senior here today has to believe in oneself," said Bressell. "Envision a happy life and be willing to work for it. Second, believing in your self is important, but it is not enough. One must have a dream [or goal]. It is your dreams that will give you something to hope for and keep you focused."

Bressell added, "And as you go

through life ... remember you have to be connected ... connected to your fellow man...to community ... to society ... and to the world."

As the graduates listened, she continued by saying that the future is wide open for each student.

"Each of you has accomplished so much already and you have so many fine qualities. The future is wide open if you have a dream. It is the hope and prayer of everyone here your pathway will be straight and true," she said.

The student speakers were no less enthusiastic about the opportunities laid before them.

"We are the class of winners and successors," said Justin Lee, the 2005 salutatorian. "We are the class of record breakers and record setters. I can only imagine what the future holds for us. The sky is the limit."

Following the procession, Dr. Kathleen

Barbee stepped up to announce, "I certify that this class has met the graduation requirements outlined in the DoDEA, DoDDS Pacific-Guam. Audience, I present to you the graduates of the class of 2005. Students, please turn your tassels."

"I knew the day would come, but it came faster than I thought it would," said Travis Ballantyne, a graduating senior. "I think the senior year was the quickest year. It felt like it was only three days. I can't believe it's already over."

"We have another graduation, which is great, since it means more students from SAHS are going into society," said Bernard Hipplewith. "But it still makes you want to cry. There is a community connection with all of our students; it makes us feel really gratified that we can see them go off."

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Area II chaplain blesses jubilant senior class

By Cpl. Seo Ki-chul

Area II Public Affairs

YONGSAN — A Baccalaureate Ceremony for Seoul American High School's newly graduated seniors was held at South Post Chapel June 10.

U.S. Army Chaplain (Lt. Col.) James King, director of Area II Support Activity Religious Retreat Center, conveyed words of encouragement to the Class of 2005.

"You are about to close one chapter of your life and enter another," said King. "Some of you may think you're done with growing. However, each one of you will have to endeavor to develop your academic and career skills throughout your life. There is no ceasing in learning and growing."

King also emphasized that each student strives to become responsible American citizens.

"As an adult there are a couple of things I would like you to never forget. First, [always] remember who you are, and second, know that you're truly loved."

Students like 18-year-old Hannan Kim expressed their excitement about their new aspirations.

"It is sad that I'm leaving all those who have helped me along the way to get me where I am today," said Kim, who is going to attend the University of California. "But it is also exciting knowing we have a whole new beginning ahead of us."

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Falcons... Ready to Fly High

By Sgt. Christopher Selmek

Area II Public Affairs

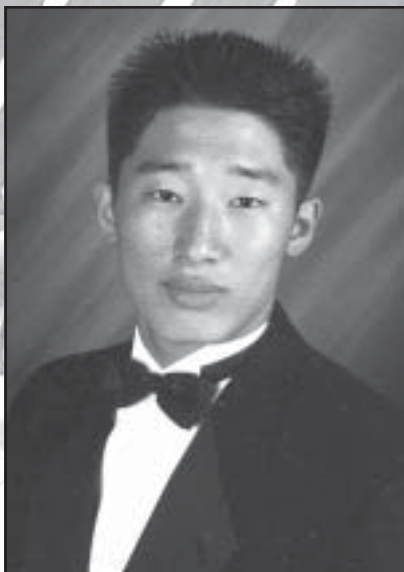
YONGSAN — Students of the Class of 2005 from Seoul American High School have graduated and headed off to college, military service and other endeavors in life. Each one will contribute, in their own unique way, talents and abilities towards society. There are those, however, who exceed standards and achieve recognition from their esteemed peers and determination to succeed in life. Those students are Amanda Nicholas, a valedictorian; Jeremy King, an aspiring doctor and Leo Kim, called to military service at the U.S. Air Force Academy.



Amanda Nicholas is valedictorian for Seoul American High School Class of 2005. She plans on studying art at East Carolina University.

"They have an East Carolina Scholars program over there that gives you \$10,000 over four years," she said. "It also puts you in the honors dorms, which mostly go to medical students, and gives you a sense of pride and a couple perks."

During her time at SAHS, Nicholas participated in the National Honor Society and served as student leader of the church youth group.



Leo Kim said, "My dad was a very big influence on me." Kim, who has been accepted to the Air Force Academy, is considering engineering as his field of study.

"The way my dad explained it to me, the military is a very good lifestyle," he said. "You won't be rich, but you won't have many worries either, and you get to travel the world and do things that some people never get to do. I think my dad was a very big influence on me, because it seems like a very honorable profession."



Jeremy King will attend Johns-Hopkins University in Maryland, and work as a research assistant during summer breaks.

"I'm interested in going into the medical field and getting into surgery, and this is the best medical college in the country, if not in the world, to get into," he said. "I'm also familiar with the Baltimore area, and would like to be able to see more of it."

King was born with significant birth defects, which kept him out of much of his junior year as he underwent extensive surgery.

"I think the surgery done on me has a lot to do with my interest in the medical field."

SAHS Class of 2005



Summer vacation means summer fun for Area II youth

By Steve Davis

Area II Public Affairs

YONGSAN — Graduation from elementary, middle or high school means Yongsan area youth will have lots of time for fun, and Area II summer programs will help them find it.

A wide range of summer youth programs is being offered by the Area II Directorate of Morale, Welfare and Recreation, Family Support Division to keep young kids and teens from getting bored this summer.

Child and Youth Services, also known as CYS, is offering programs for all ages, including the School-Age Services Camp Adventure program and Learn-to-Swim classes. A variety of sports programs are also available through the Yongsan CYS Youth Sports and Fitness Program, including mustang, bronco, and pony league ball, as well as girls softball. Baseball, soccer, and basketball camps are also being offered this summer.

The CYS SKIES Unlimited Program offers instructional classes in ballet and jazz dance, piano, gymnastics, taekwon-do, and hapki-do. These classes are conducted by certified Korean and American instructors.

“We have really good participation and have room for more,” said Toni Savino, CYS Instructional Program Specialist.

Gymnastics instruction is offered

through the SKIES Unlimited Program for students nine months to 18 years old.

“Our Toddlers’ Gymnastics class has 20 three- to four-year-olds and the other gymnastics classes have about 40 students ages five to 18,” said Savino.

“Summer Trek 2005” day camps are also being offered through mid-August by CYS middle school and teen programs. The school-Age services Camp Adventure program includes weekly field trips to Seoul Grand Park, Lotte World, the Korean Folk Village and Everland, among other popular destinations.

Some of the Summer Trek activities for youth are free; others charge nominal fees depending upon the activity.

Middle school and teen Summer Trek classes include bowling, scavenger hunts, block parties, computer classes, field trips and other learning experiences. The middle school and teen programs serve youth from the 6th through 12th grades. Facilities are located on Yongsan South Post and at Hannam Village.

The Child Development Center, provides fee-based services and activities for children six weeks to five years of age. Fees are based on family income for this Department of Defense certified program, which is also accredited by the National Association for the Education of



CPL. SEO KI-CHUL

Sophia J. Folena, 4th grader at Seoul American Elementary School, displays her gymnastic skills in front of her friends, at Seoul American Elementary School playground June 9.

Young Children. The CDC, part of CYS, also offers parent training.

CYS Central Registration Office, located in Building 4211, across from the Seoul American Middle School, is often a first stop for families new to Area II and long-time residents looking for summer activities.

“We should be the first stop for parents and kids looking for summer fun,” said Andrea Witt, an administrative assistant with the CYS Central Registration Office. “We handle registration for children

coming into Area II, including school-age services, Child Development Center, and middle school and teen programs.”

Witt said the Central Registration Office has information on all of the CYS programs offered for Area II children and youth. For information, call the CYS Central Registration Office at 738-3001 or 5036, or stop by Bldg. 4211.

E-mail DavisSt@korea.army.mil

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NEWS & NOTES

Area II Radio Town Hall

An Area II Radio Town Hall will be held 9 – 10 a.m. June 24. Residents who have questions or comments for the Area II commander or command group can voice them by calling the Commander's Hotline at 738-7040 or by e-mailing to areaitownhall@korea.army.mil.

Hannam Village Night Basketball League

Registration for the Hannam Village Basketball League will be 1 – 3 p.m. Saturday at the Hannam Village basketball court. (Children 10 to 12 years old and youths) are invited to play July 8 – Aug. 26. For information, call 010-8695-4044 or 011-9690-7511.

The Play, "Beyond Glory"

"Beyond Glory" is coming to the Balboni Theatre 7 p.m. Tuesday, Main Post. The play is about eight Medal of Honor recipients who went above and beyond the call of duty. Tickets are free to military audiences and must be reserved at local military ticket outlets. For information, call 723-5721.

American Red Cross Position Openings, Classes

The American Red Cross Volunteer Program has immediate openings for a records chairman, chairman of volunteers and a medical chairman. Babysitting class will be held 9 a.m. – 5 p.m. Wednesday

and July 23 and the free New Volunteer Orientation will be 9 a.m. – 5 p.m. July 21. For information, call 738-3670.

Health and Fitness for Senior Leaders

Sergeants first class and above and all Master Fitness Trainers are invited to attend a Health and Fitness for Senior Leaders seminar 10 – 11:30 a.m. June 24 at the Multi-Purpose Training Facility, South Post. Classes will cover the risks of cardiovascular disease, strength, flexibility, stamina, stress management, impact of sleep restriction on decision making and situational awareness. Senior leaders will learn to use self-assessment to help mitigate risks for sustained and continuous challenges. For information, call 737-7426.

2005 Area II Summer Basketball League

The deadline to register for the 2005 Area II Summer Basketball League is June 27. League begins July 9 and is open to Area II residents only. A coaches' meeting will be held at 1 p.m. June 28, and a pre-season tournament July 2 – 4. For information, call 736-4032.

2005 Independence Day Softball Tournament

The deadline to register for the 2005 Independence Day Softball Tournament is June 27. There is a \$25 entry fee and registration is open for the first 16 teams. The double elimination tournament will be July 2 – 4. A coaches' meeting will be

at 2:30 p.m. June 28 at Collier Field House, South Post.

2005 Area II Sand Volleyball Tournament

The deadline to register for the 2005 Area II Sand Volleyball Tournament is June 27. Games will be held July 2 – 4, and a coaches' meeting will be at noon June 28 at Collier Field House. For information, call 736-7746 or 736-4032.

Summer Reading Club

All 5 to 12-year-olds are invited to experience a summer long reading fantasy called "Dragons, Dreams & Daring Deeds" at the Yongsan and Hannam Village Libraries at 1 p.m. June 27 – Aug. 5. For information, call 723-7300.

Camp Adventure

Yongsan/Hannam School-Age Services and Camp Adventure Youth Services will host summer recreation programs for children 1st through 5th grades June 27 – Aug. 19. Program activities include weekly field trips, swimming, arts and crafts, songs, games and individual age group activities. For information, call 738-4707 or 723-4522.

ACS Summer Classes

Army Community Service is teaching several classes this week and over the course of the summer.

■ Single Parent Support Group, 11 a.m. – 12 p.m., Tuesday, ACS Bldg 4106 Room



124, 738-5150

■ Stress Management Class, 1:30 – 3 p.m., Wednesday, ACS Bldg. 4106 Room 124, 738-5150

■ Korean Language Class, 5:30 p.m. every Thursday ACS Bldg. 4106, Room 205, 738-5311, inscarbrough@yahoo.com, CarterAL@Koorea.army.mil

■ Newcomers Orientation, Monday - Wednesday, ACS Bldg. 4106, Room 118, 738-7186

■ Victim Support Group, 11 a.m. – 12:30 p.m., June 28, Family Life Center Bldg. 5213, 738-5150

■ Playworks group, 10 – 11:30 a.m. every Tuesday and Thursday at the Hannam ACS Outreach Center, 738-5150

■ ADHD Support Group, 2nd Thursday of every month, ACS Bldg. 4106, 738-5311.

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ROK/U.S. Soldiers visit home for disabled

Special to The Morning Calm Weekly

SUWON AIR BASE -- In the spirit of unity and charity the 10th Fighter Wing, Republic of Korea, and 1-43 Air Defense Artillery Battalion joined together to visit Chan Bit Eh Jip Home for the physically and mentally disabled recently.

In an overwhelming volunteer response, 40 personnel, including 14 Americans, six Korean Augmentation to the U. S. Army Soldiers and 20 ROK

soldiers, joined the community outreach activity. The soldiers washed, rinsed and hung laundry, and assembled bags to help the home financially.

Soldiers also helped maintain the home’s garden, and helped to bathe and dress the physically handicap. The Chan Bit Eh Jip Home consists of 50 handicap adults and children. Though the visit lasted only two hours, over 100 pounds of laundry was cleaned and 15 adults were bathed.

Both U.S. Soldiers and their ROK counterparts

expressed the great satisfaction received from ministering to others and stated that they would be willing and able to help again. This was not the first community volunteer event of its kind involving the Chan Bit Eh Jip Home.

“The true spirit of cooperation was expressed as these soldiers gave their hearts and souls to help those in need,” said Capt. Eugene K. Mack, 1-43 ADA chaplain. “This event showed the true spirit of ministry and military ‘to help those who can not help themselves.’”



Cpl. Jung Seung Woo, Alpha Battery, 1-43 ADA Bn., helps hang laundry during the 1-43 chaplain visit to the disabled folks home.



Pvt. Raul Campos, Alpha Battery, and a fellow 1-43 Air Defense Artillery Battalion Soldier help put together gift bags for the disabled home fundraiser.

COURTESY PHOTOS

Now Showing

June 17-23

REEL TIME

Now Showing At
AAFES THEATERS IN KOREA

FOR MORE LISTINGS CALL YONGSAN THEATERS OR VISIT WWW.AAFES.COM ONLINE - SCHEDULES ARE SUBJECT TO CHANGE

AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
CASEY 730-7354	Sahara PG-13	Sahara PG-13	The Longest Yard PG-13	The Longest Yard PG-13	King's Ransom PG-13	King's Ransom PG-13	The Upside of Anger PG-13
ESSAYONS 732-9008	The Upside of Anger PG-13	The Pacifier PG	Beauty Shop PG-13	No Show	Million Dollar Baby PG-13	Sahara PG-13	The Longest Yard PG-13
HENRY 768-7724	Fever Pitch PG-13	Star Wars: Episode III PG-13	Star Wars: Episode III PG-13	Sahara PG-13	No Show	No Show	No Show
HUMPHREYS 753-7716	The Longest Yard PG-13	The Longest Yard PG-13	The Longest Yard PG-13	Sahara PG-13	Sahara PG-13	Amityville Horror R	Amityville Horror R
HIALEAH 763-3120	Star Wars: Episode III PG-13	The Upside of Anger PG-13	Fever Pitch PG-13	No Show	No Show	No Show	No Show
HOVEY 730-5412	King's Ransom PG-13	The Longest Yard PG-13	King's Ransom PG-13	Sahara PG-13	The Longest Yard PG-13	Sahara PG-13	Hostage R
KUNSAN 782-4987	Monster In Law PG-13	Monster In Law PG-13	Fever Pitch PG-13	No Show	Fever Pitch PG-13	Sahara PG-13	Sahara PG-13



Fever Pitch -- When Lindsey a big time executive meets funny and charming high school teacher Ben they hit it off until Lindsey realizes Ben is a Red Sox fan. She herself must realize the Red Sox or Ben before she breaks it off and can accept his obsession with the Red Sox.



King's Ransom -- Malcolm is a wealthy and arrogant businessman whose soon to be ex-wife has plans to take him for everything he's worth in their divorce settlement. Determined to avoid losing his fortune to her, Malcolm plans his own kidnapping with the help of his dim-witted mistress and her ex-con brother. Unfortunately for Malcolm, he is not the only one with a kidnapping plot.



The Longest Yard -- Paul "Wrecking" Crewe was a revered football superstar back in his day, but that time has since faded. When a messy drunk driving incident lands him in jail, Paul finds he was specifically requested by Warden Hazen, a duplicitous prison official who wants Crewe to square off in a big football game against the sadistic guards. With the help of fellow convict Caretaker, and an old legend named Nate to coach, Crewe is ready for what promises to be a very interesting game.



Sin City -- Sin City is a violent city where the police department is as corrupt as the streets are deadly. There's the street thug Marv whose desperate quest to find the killer of a prostitute named Goldie will lead him to the foulest edges of town. Inhabiting many of those areas is, a photographer in league with the sordid ladies of Sin City, headed by Gail who opens up a mess of trouble after tangling with a corrupt cop by the name of Jackie Boy. Finally, there's Hartigan, an ex-cop with a heart problem who's hell-bent on protecting a stripper named Nancy.



Sahara -- Master explorer Dirk takes on the adventure of his life when he embarks on a treasure hunt through some of the most dangerous regions of North Africa. Searching for what locals call "The Ship of Death," a long lost Civil War battleship filled with coins, Pitt and his wisecracking sidekick use their wits and clever heroics to help Doctor Eva Rojas who believes the ship may be linked to mysterious deaths in the very same area.



The Upside of Anger -- Terry is left to raise her four headstrong daughters when her husband unexpectedly disappears. Things get even more hectic when she falls for her neighbor Denny, a once-great baseball star turned radio D.J. This leaves her daughters out on a limb, they are forced to juggle their mom's romantic dilemmas as well as their own.

AAFES THEATER	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
LONG 721-3407	Sin City R	XXX: State of the Union PG-13	Miss Congeniality 2 PG-13	No Show	No Show	No Show	No Show
OSAN 784-4930	Sisterhood of the Traveling Pants PG	Sisterhood of the Traveling Pants PG	Sisterhood of the Traveling Pants PG	King's Ransom PG-13	Sahara PG-13	Amityville Horror R	Amityville Horror R
RED CLOUD 732-6620	The Longest Yard PG-13	Sahara PG-13	Sahara PG-13	Fever Pitch PG-13	Fever Pitch PG-13	No Show	Sisterhood of the Traveling Pants PG
STANLEY 732-5565	Fever Pitch PG-13	Sahara PG-13	Sahara PG-13	King's Ransom PG-13	No Show	Sisterhood of the Traveling Pants PG	King's Ransom PG-13
YONGSAN I 738-7389	Sisterhood of the Traveling Pants PG	Sisterhood of the Traveling Pants PG	Star Wars: Episode III PG-13	Star Wars: Episode III PG-13	King's Ransom PG-13	King's Ransom PG-13	King's Ransom PG-13
YONGSAN II 738-7389	Fever Pitch PG-13	Fever Pitch PG-13	Fever Pitch PG-13	Pooh's Heffalump Movie G	Pooh's Heffalump Movie G	Racing Stripes PG	Racing Stripes PG
YONGSAN III 738-7389	Hostage R	Robots PG	Robots PG	Sahara PG-13	Sahara PG-13	Sahara PG-13	Sahara PG-13

Giving thanks opens us to God’s presence

By Chaplain (Capt.) Raymond E. Moore Jr.
4-7 CAV Squadron

Have you ever had something bad happen in your life? Have you ever thought about why Scriptures like I Thessalonians 5:18, “In everything give thanks ...” come to your mind?

Even as a chaplain, I say this verse to myself and to others. Books like “From Prison to Praise” by Merlin Carothers and “When God Doesn’t Make Sense” by Dr. James Dobson, encourage us to praise God even when things are bad. We can, though, trust that God is in control and give thanks to the Lord.

When you and I choose to give thanks to God in all circumstances, there is a powerful impact in every area of our lives. Giving thanks can keep us alert to the true presence of God. When we praise him despite the stumbling blocks and obstacles we face, we can

find comfort knowing that we are never alone. The Scriptures assure us that our problems are his problems. God always is there for us.

By thanking God, we can be motivated to discover God’s purpose in our problems and his true desire for our lives. The Bible tells us, “He will never leave us nor forsake us.” Basically, we have his help and his presence. As believers, we can take our troubles to him, share our burdens with him and draw on his strength.

God is there. He is always here to listen, comfort and strengthen us in his power. As a Christian, I believe that “I can do all things through him who strengthens me.”

When we give thanks to God, we can be motivated to discover God’s purpose in our problems and his true desire for our lives. When we give thanks, the most rewarding thing is that, we can know God can work out his plan regardless of the evil intention or

action of others. What others intend for bad, God can intend for good.

Another way of looking at this is that God can turn our stumbling blocks into stepping stones. The bottom line is that God has a meaning and a purpose for our life and nothing can change God’s purpose for us.

Whenever we give thanks, it positions us to receive the fullest extent of his blessings for our life. We are to give thanks in all things. When we do this, our will is bent to his. We then learn to submit our expectation to God’s almighty plan. Giving thanks is God’s will for our lives. This demonstrates our faith in God’s Word and our confidence in his goodness and wisdom for our lives.

Giving thanks is never easy in tough times, but he is holy, true and pure. Let us in everything give thanks to the Lord.

Area I Worship Services

Catholic	Daily	11:45 a.m.	Stanley Chapel, Stone Chapel	Latter Day Saints			Protestant Contemporary		
				Sunday	1 p.m.	Crusader Chapel	Saturday	6 p.m.	Crusader Chapel
	Sat. urday	6 p.m.	Stanley Chapel	Protestant	Sunday	8:30 a.m.	Sunday	10 a.m.	Stone Chapel
	Sunday	9 a.m.	Warrior Chapel		9:30 a.m.	DISCOM Chapel, Essayons Chapel		6 p.m.	Reggie's
		9:30 a.m.	Hovey Chapel					6 p.m.	Crusader Chapel
		10:30 a.m.	DISCOM Chapel		10:30 a.m.	Kyle Chapel			
		11 a.m.	Essayons Chapel		11 a.m.	Warrior Chapel, Hovey Chapel, Stanley Chapel, Crusader Chapel			
		noon	Crusader Chapel, Stone Chapel			Castle Chapel			
COGIC	Sunday	12:30 p.m.	Warrior Chapel		noon	Jackson Chapel			
Eucharistic Episcopal					1 p.m.				
	Sunday	5:30 p.m.	Stanley Chapel	Protestant Gospel					
Islamic Prayers				Sunday	11 a.m.	Memorial Chapel			
	Friday	1 p.m.	DISCOM Chapel		1 p.m.	Stanley Chapel			

Area II Chaplains

Chaplain (Maj.) James Hartz
HartzJ@korea.army.mil

Chaplain (Capt.) Samuel Paul
SamuelP@korea.army.mil

Ad goes here

The 3rd World Ceramic Biennale

Ceramics: the Vehicle of Culture

By Sgt. Christopher Selmek
Area II Public Affairs

The Third World Ceramic Biennale 2005 Korea at the Haegang Ceramic Art Museum in Icheon, running April 23 to Sunday, draws hundreds of people each day to examine the works of art on display.

This year's competition came between 2,475 entries by 1,430 artists representing 67 different countries. Although only 26 were selected for prizes, all were on display.

The theme was "Ceramics: The Vehicle of Culture." Although the exhibits represent a wide variety of emotions and

modes of expression, the competition itself purports to reflect on the past 10 years of ceramic art and to give an indication as to its future direction.

Along with a museum tour, patrons were invited to purchase original ceramic art and to watch artists in the process of creating clay pots.

Although the last date of the competition exhibition is Sunday, the museum is open year round.

For information, logon to www.wocef.com.

E-mail Christopher.M.Selmek@us.army.mil



PHOTOS BY SGT. CHRISTOPHER SELMEK

A pottery maker, Park Jong-hoon, demonstrates the way to make Korean ceramics in an effort to get visitors to comprehend the art form.



Like all art mediums, ceramic art can be used to tell a story or express emotion, as in this prize-winning piece.



A series of bowls tell a story of the roots of ceramic art, which were originally intended as tools to hold food or water.

Ad goes here

Korea MWR Region

Warrior Division Swimming Championship

The Warrior Division Swimming Championship will be held at Camp Casey Hanson Field House at 10 a.m. Saturday. The swimming championship is open to active-duty members, civilians and their adult family members in Area I. The race day registration begins at 9 a.m. For information, call 732-6276.

Father's Day Bowling Special

The Camp Casey Bowling Center will offer a Father's Day special, High Series beginning at 5 p.m. Sunday. Participants may bowl three games with no entry fee. Bowlers with the highest score will receive bowling balls, bags, shoes or gift certificates. For information, call 730-4577.

'Friends Fun Time' Bowling

The Camp Casey Bowling Center is offering "Pizza, Pop N Bowl Friends Fun Time" starting at 4 p.m. every Wednesday. This is a package for a group of four, offering one large one topping pizza, a pitcher of soda, two hours of games and free shoe rental. Bring your own music CD and the bowling center will play for your party. For information, call 730-4577.

MWR Happenings Radio Show

Check out the *MWR Happenings Radio Show* on 102.7 FM, American Forces-Korea Network's Warrior Radio every Friday between 3 and 4 p.m. MWR Happenings provides the latest information on upcoming recreation entertainment, sports, club and bowling events in Area I, as well as an opportunity to win cool MWR giveaways. For information, call 730-6514.

'Putt 4 Dough'

Camp Casey's Indianhead Golf Course is hosting "Putt 4 Dough" starting at 8 a.m. July 9. You could be the winner of \$10,000 if you make three consecutive putts in a row. The first putt will be from a distance of 10 feet; if the contestant makes the 10-foot putt they advance to the second putt. The second putt is from a distance of 25 feet. If the contestant makes the second putt, they advance to the third and final putt from a distance of 50 feet. If all three putts are made and all conditions have been met the contestant will win \$10,000. Visit Camp Casey Golf Course to find out rules and regulations or to pick up a registration card.

Submitting to TMCW

To have an event or activity highlighted in The Morning Calm Weekly, send event information and a point of contact name and telephone number, to MorningCalmWeekly@korea.army.mil.



ROGER EDWARDS

Hang time

The next Better Opportunities for Single and unaccompanied Soldiers Bungee Jump Journey is scheduled for Saturday. Limited to 25 persons, the tour will depart from Camp Humphreys Community Activity Center at 7 a.m. and will return at about 6 p.m. Cost is \$60 per person with pre-registration and pre-payment required. The price includes bus transportation, lunch, snacks and beverages, and tickets on any two of the three major rides – the Ejection Seat, the Giant Swing and the Bungee Jump (shown above). For information, call 753-8828.

Army awards adopt-a-unit founder

By Gary Sheftick

Army News Service

WASHINGTON — More than 100 cities in 21 states have now adopted military units through "America Supporting Americans" and June 9 the Army thanked the organization's founder, Linda Patterson.

Patterson was the honored guest at a Twilight Tattoo ceremony on the White House Ellipse and was later presented the Army Outstanding Civilian Service Award.

Patterson began the ASA program in 1967 by convincing the town of San Mateo, Calif., to adopt a company of the 101st Airborne Division serving in Vietnam. Members of the town sent letters and care packages to Soldiers of A Company, 1/327th Airborne Infantry.

Since then, ASA has helped other towns across the country adopt units in every conflict the Army has fought. Between wars, though, participation waned somewhat, Patterson said. But since the beginning of the Global War on Terror, the number of cities adopting units has tripled.

"We're really moving," said Patterson, adding that 20 cities in Kentucky have adopted units over the past four months.

"It's been snowballing," Patterson said, adding that she would like to have representatives in all 50 states to help communities adopt Army units.

"She's truly an American hero," said Brig. Gen. Vincent Brooks, the Army's chief of Public Affairs, before he presented Patterson an award for her volunteer efforts over the past 38 years.

"It's really volunteerism in its finest," said retired Maj. Gen. Fred Raymond.

"Some people have a cause, but they tire of it," Raymond said. "She never stopped thinking of Soldiers."

Raymond commanded A Company, 1/327th Airborne Infantry as a captain in Vietnam. A number of other veterans of the unit were also present at the ceremony last night.

"The most important thing in Vietnam was mail," said former

Sgt. Bill Whitmore. "That was our link with family back home."

Receiving letters and packages from people they didn't even know really boosted the morale of Soldiers even more, said Raymond about the San Mateo adoption program.

Patterson began the program after receiving a letter from her brother, Sgt. Joe Artavia, who was in Vietnam with A Company, 1/327th. He said Soldiers over there would really appreciate letters and asked if she would help get people to write. It was his last request to her. He was killed in a fire fight a couple of weeks later.

Patterson could have frozen in pity, admirers said, but instead she rallied the city council of San Mateo to officially adopt the unit and citizens across the community began sending packages.

Eventually, the city had medallions printed for every Soldier in the company, and Patterson hand-carried the medallions to Vietnam. She went to the Military Assistance Command – Vietnam, in Saigon, and asked if she could present the medals in person.

"MACV didn't know what to do with her," Raymond said. He explained that USO troupes were not even allowed into the northern part of Vietnam where the 101st was then stationed. Eventually, though, A Company was called off the line and her brother's platoon leader, 1st Lt. Steve Patterson, was sent down to Saigon to escort Linda and bring her to the unit.

"Now Linda is my escort for life," Steve Patterson said. He went to San Mateo upon returning from Vietnam and proposed soon after. The former lieutenant was presented a Freedom Team Salute commendation for his help with ASA.

A number of National Guard and Army Reserve units are being adopted this year, Patterson said, adding that she would like to see the number increase even further.

Child & Youth Services sets June 27 start for Camp Adventure

By Sonnie Champigny

Korea Region MWR

YONGSAN – MWR Child & Youth Services program will kick off the end of the school year with the opening of "Camp Adventure" June 27.

Camp Adventure is a program designed to bring summer camp to military kids in Korea. Camp Adventure will be conducted in all Area Support Activity Child and Youth Services programs and also at the Camp Red Cloud Community Activity Center. Camp Adventure will run from June 27 until Aug. 19.

Activities include swimming, sports, social activities, arts and crafts, and field trips. The program is open to all eligible youth grades one through five. Registration will be held at the local CYS Central Registration Office.

The University of Oregon started the program in Korea in 1985. Today the University of Northern Iowa operates the program. Counselors are college students from U.S. universities. The camp counselors go through extensive background checks and training program before they become Camp Adventure Counselors. For information, call the local CYS.

"Some people have a cause but they tire of it. She never stopped thinking of Soldiers"

Fred Raymond,
retired major general

Humphreys elementary students solve a mystery



Jazimine Salazar (left), Michaela Russell (center) and a classmate evaluate the evidence they collected at the crime scene, drawing conclusions as to the guilt or innocence of the four suspects.

By Roger Edwards

Area III Public Affairs

CAMP HUMPHREYS – Students at Humphreys American Elementary School have been involved in their own “Crime Scene Investigation” over the last few weeks, in a program conducted by David Burgher, the gifted education teacher.

“Offering the program was originally inspired by a former college teacher of mine, who used a similar program as an enrichment tool,” said Burgher.

“It’s multi-disciplinary enrichment activity that requires the kids use logic as well as the tools they’ve been learning to solve a problem.”

While the older students (3rd - 6th

graders) were given a murder mystery to solve, those in the lower grades (K-2nd) had to solve the case of “Who Borrowed Mr. Bear.”

“We approached the project the same way,” said Burgher. “Students were brought in on a Monday to view the crime scene and collect evidence. An evidence board was set up with pictures of the suspects and known facts listed, and students spent the next three days evaluating the evidence and drawing conclusions.

“There is no ‘right’ answer to the project,” said Burgher, “the requirement is that the student name a suspect as the guilty party and support that conclusion from the gathered evidence.”



PHOTOS BY ROGER EDWARDS

Jemi Banks, Jayleen Ramos, Kimberly Porter, Chae Han and Aaron Hattey (left to right) visit the crime scene and collect evidence at the beginning of the week-long “mystery.”

Area III BOSS president encourages Soldiers to get involved



ROGER EDWARDS

Spc. Christopher Mastromarino, Area III BOSS president, takes another one on the chin for Area III Soldiers.

By Roger Edwards

Area III Public Affairs

CAMP HUMPHREYS – The Area III Better Opportunities for Single Soldiers program is a winner and was presented the awards to prove it during the Annual BOSS conference at Camp Humphreys on April 19 to 22. Spc. Christopher Mastromarino, Area III BOSS president said “It’s the hard work of an outstanding council the best volunteers going that makes us winners.”

One of the unique things about the Area III BOSS, an Army program, is that it includes not only Soldiers but members of the Air Force as well.

“We try to always have something going on,” he continued. “This is our second ‘All Nighter’ and we’ve got about 50 people in the Community Activity Center enjoying the activities -- before the movie lets out.

“We want to offer the single Soldier an alternate place to be from the barracks or the clubs on base or in town.”

Mastromarino talked about plans BOSS has put in place.

“For instance, we’re going to make the All Nighters a monthly event,” he said.

One of the BOSS plans is to start offering trips in conjunction with the United Service Organizations. “We’ve got a trip to Everland set for next weekend” he said, “and one to our bungee jumping venue.

“Other things we”ll be doing this summer include volunteering to help out with the children’s games at Freedom Fest during the Independence Day weekend and more block parties. The next one is slated for June 25. And there is going to be a lot more trips. We intend to have a white-water rafting trip in late July.

Mastromarino continued saying that every Soldier should become part of BOSS. “The organization is there for their benefit,” he said. “Just check with the unit BOSS representative for information.

NEWS & NOTES

Powerlifting Meet

The Area III Powerlifting Meet will be Saturday at Camp Humphreys gym. For information, call 753-8810.

Retiree Appreciation Day

Saturday is Retiree Appreciation Day in Area III. Enjoy free food and beverages from noon to 2 p.m. at the bowling center, and free bowling and miniature golf from 2 to 5 p.m.

Do you want to become a Warrant Officer?

A warrant officer recruiting team will visit the Camp Humphreys Education Center Monday – June 24 to brief interested Soldiers on required qualifications and on application procedures. Briefings are at 9:30 a.m. and 1:30 p.m. daily. Contact WO1 Gordon at 753-7598. Or send e-mail to CW3 Anthony Edwards, U.S. Army Recruiting, at anthony.edwards@usarec.army.mil.

Adult, Infant, Child CPR & First Aid Training

The American Red Cross offers the above training June 25 from 10 a.m. to 5 p.m. in Building 262. Cost for the training is \$35. Pre-pay is required. For information call 753-7172.

Baby sitter Training

The American Red Cross offers baby sitter training Tuesday and Wednesday from 10 a.m. to 2 p.m. Cost for the training is \$25. Pre-pay is required. For information call 753-7172.

Humphreys unit assists ROK sister unit

By Roger Edwards

Area III Public Affairs

CAMP HUMPHREYS -- The 2nd Battalion, 52nd Aviation Regiment received a request May 19, to assist the Republic of Korea's 301st Aviation Battalion "Unicorns."

"An Aviation Safety Action Message had been sent out, requiring all CH-47 helicopters have a non-destructive inspection made of their swasher plates," said Chief Warrant Officer 4 Russ Hays, 2nd battalion maintenance officer.

"The swasher plate is the device that

transfers input at the controls to action in the helicopter rotors," he said. "The inspection was to make sure that the plates had not developed cracks that could lead to loss of the aircraft."

Non-destructive testing of the swasher plate requires an electrical current be applied across the plate and a meter to read the results. Cracks reduce the current flow and call for the aircraft to be declared non-mission capable until repaired.

The 301st had been unable to get a needed meter adapter from Boeing and was unable to perform the required inspection.

"I saw this as a great opportunity to do some cross training," said Hays, who, "cleared it, and made arrangements."

May 24, Hays and non-destructive inspection technicians Sgts. Keith Watkins and Noah Oregel and Spc. Michael Quinonez, and Sgt Han Yong-ho boarded a helicopter for the 40-mile trip to Echon and the 301st Avn. Bn.

According to Hays, Unicorn technicians had done an excellent job of preparing the helicopters to be inspected and the majority were completed before lunch.

"The job took about three hours total," said Hays, "and all but one aircraft passed the inspection."

"Only a few hours and our efforts helped increase the 301st readiness rate by 33 percent."



U.S. ARMY PHOTO

Sgt Keith Watkins, 2nd Division 52nd Aviation Regiment non-destructive inspection technician, checks his technique as a ROK 301st Aviation Battalion technician performs the required inspection on a CH-47 swasher plate.

Humphreys readies for multi-day Freedom Fest '05

Construction of the aquatic park and multi-purpose fields near the Nitewatch II left the Area III Morale, Welfare and Recreation staff without a venue for the traditional July Fourth fireworks. Although Humphreys won't have fireworks this year, the community will have a blow-out weekend beginning June 30, with a Boxing Smoker co-sponsored by 35th Air Defense Artillery in the post gym at 6 p.m.

A concert will be staged in building 1029, D Co. 52nd Aviation Battalion hangar beginning at 7 p.m. July 1.

Area III MWR is partnering with the Camp Humphreys AAFES store to present a Freedom Fest at the post exchange parking lot. The fun will take place July 2, 3 and 4.

MWR marketing director, Mike Mooney says there will be a variety of fun, games and entertainment for everyone in an outdoor bazaar format. One of the most popular games is the MWR Fishbowl. Each day, hopefuls will have a chance to win a round-trip airline ticket.

"MWR will provide the entertainment and contests and AAFES will have over 20 vendors

with a wide variety of goods from all over the region," he added.

Kurt Brunen, AAFES manager, thinks the top draws for the bazaar will be giftware from China and Thailand and electronic items.

"The Camp Humphreys community requested something like this," Brunen said. "This will be an opportunity to shop items not normally available in the store and it will offer something special for July Fourth."

He added that there will be prizes and giveaways throughout the three-day event.

Free bus transportation is being planned to take anyone who wants to view the fireworks to Osan Air Base. Check The Morning Calm Weekly next week for details.

The final event in the five-day fun fest is a chance to see professional Korean baseball team Suwon Hyundai Unicorns, the defending Korean professional baseball champions. A package including transportation, box lunch and box seat admission has been arranged. Interested persons should contact the CAC at 753-8828.

INDEPENDENCE DAY CELEBRATION

Camps Long and Eagle

Friday, July 1

Open Swim Meet, Camp Eagle

Indoor Pool

Saturday, July 2

Camp Long CAC

Samaksun Holiday Morning

Hike 8 a.m.

New DVD Movie w/popcorn 4 p.m.

American Pool Tourney 7 p.m.

Table Tennis Tourney 8 p.m.

Darts Tourney 9 p.m.

One-Pitch Softball Tourney

at the Softball Field

Sunday, July 3

Camp Eagle Softball Field

Horseshoe Tourney, 4-on-4 Volleyball, Tug-O-War

Camp Long CAC

X-Box/PS2 Tourneys 1 p.m.

Chess Tourney 2 p.m.

Korean Pool Tourney 3 p.m.

9-Ball Tourney 5 p.m.

Spades Tourney 8 p.m.

Camp Long Softball Field Noon to 8 p.m.

Big Glove Boxing, Mini-Golf, Jousting Arena, Sumo

Sits, Air Bubble Gym, Dunk Tank, Pie Throwing

and

FIREWORKS at 9 p.m.

Camp Humphreys Freedom Fest Main Exchange Parking Lot

Check with MWR or the CAC for
contest details and prizes!

Friday, July 1

50-Hour Beard Growing Contest

(Begins 10 a.m. to 2 p.m. July 1

Judging 3 p.m. July 4)

8 Ball Doubles 4 p.m., Mixed Doubles Table Tennis at
6 p.m. and Foosball 8 p.m.

Saturday, July 2

Darts Clinic 11 p.m., Doubles Air Hockey 1 p.m.,

X-Box Marathon 3 p.m.

One-Pitch Softball at Soldier's Park (July 2 and 3)

Summer Basketball and Racket Ball Tourneys

(Saturday, Sunday and Monday)

Chop Stick Skills 11 a.m., BK Wimpy Challenge

(Burger Eating Contest) 1 p.m., Water Balloon Toss 3

No-Hands Kimchi Pie Eating Contest

How Low Can You Go Limbo

Sunday, July 3

Gaming Challenge at 11 a.m.

Showdown at High Noon, 3 Person Cutthroat Pool,

Pocketless Korean Pool at 2 p.m.

American 9-Ball at 4 p.m.

Patriotic Movie Marathon at 6 p.m.

Wrap Your Mummy

Popeye's How Wing Challenge

Balloon Blowing

Apple Pie Eating Contest

Humphreys Fear Factor

Monday, July 4

5, 10 and 20 K Run

(Register at the Gym at 7 a.m., Race at 8)

Lip Sync Contest

Taco Bell Pepper Eating Contest

Humphreys Trivia B

Unit Humvee Pull

Miniature Golf (free) 10 a.m. to 2 p.m.

Open Bowling (free) 10 a.m. to 2 p.m.

Paintball on the Lemon Lot Course

(Gun, protective gear and

the 1st 50 paintball rounds free)

10 a.m. to 2 p.m.

Tuesday, July 5

SUWON HYUNDAI UNICORNS Pro. Baseball

\$20 per person includes transportation, box

seat, box lunch. Reservations NLT June 27 a

must. See your CAC.

Nitewatch II Café moves to Tommy D's during renovation

By Susan Barkley

Area III Public Affairs

CAMP HUMPREYS – The popular Nitewatch II Café moved operations to Tommy D's Monday to clear the way for a \$420,000 non-appropriated funded renovation that will take approximately 90 days. When completed the Nitewatch will be transformed into a Pacific Northwest theme restaurant. Customers will be able to enjoy a fireplace in the front room, booths and a rustic décor that will tie the front room in with The Cave.

Kim Pyong-yong, Nitewatch II manager, said his whole operation has moved. Customers will find the same menu, including nightly specials and lunch buffets, in the temporary location in Tommy D's. Mongolian BBQ and the steak specials will be cooked at the Alfresco Cafe and will be served either on the patio or in the dining room. Hours of operation are 7 a.m. to 9:30 p.m. Monday – Friday and 8 a.m. to 9:30 p.m. on weekends. A breakfast menu is available until 10:30 a.m. during the week and until 11 a.m. on the weekend. The weekend breakfast buffets and champagne brunch buffet will continue on the regular schedule.

Tommy D's manager, Herb Hart, said he expects the temporary Nitewatch operation to be a good thing for his club.

"I want to have a thriving club for the community where people can feel at ease," Hart said. He added that he thinks the foot traffic into his facility will encourage people to think of Tommy D's for lunch, evening entertainment and special bookings.

Hart says he has karaoke Thursday, Friday and Saturday nights, with Thursday and Saturday devoted to R&B while Friday features country and Top 40 music. He plans to host talent searches and as many off-shore bands as he can book. He can also book the Alfresco Cafe for special events.

Hart is also looking at featuring some new menu items later this summer in Mean Gene's.

According to Hart, a recent renovation to Tommy D's has resulted in new restrooms, replacing of some ceiling tiles, new landscaping and a patio in front of the building.

Tommy D's hours of operation are 11 a.m. until 10 p.m. Monday – Thursday and 11 a.m. until 1 a.m. or later on weekends. Hart said that after alcohol service stops at 1 a.m. he stays open for food service as long as people are there enjoying themselves.

Hart invites everyone to check out Tommy D's saying, "It's not the old Freedom's Inn anymore."

Community Operations Director, Mike Ross said not only will the Nitewatch have a new look and new menu, there will be a new name as well. The debut of the 'Alaska Mining Company' will take dining at Camp Humphreys to a new level.

"There will be more seafood, different lunch and dinner menus, and an expanded array of selections," Ross stated. "We're doing this to meet community expectations."



Food service will remain available at the bowling center while renovations are under way next door.

The builders are keeping busy

Humphreys construction projects abound

CAMP HUMPREYS – Among the current construction projects at Camp Humphreys are new barracks buildings at Zoeckler Station and the largest barracks building in South Korea near the confinement facility.

The expanded parking lot appended to the new Humphreys commissary, is nearing completion, while a new phase

of family housing with an underground garage is under way.

New classroom space will be added at the current Humphreys American Elementary School and a project to construct a new campus is planned to accommodate a growing student population.

Improvements are everywhere.



Construction has begun on the largest barracks building in South Korea.



The Directorate of Resource Management is getting some new parking.



The two wings of the new barracks complex at Zoeckler Station near completion.



New construction such as this building near the control tower, is changing the face of Camp Humphreys.



Camp Humphreys families will have new housing available with the completion of phase two of the family housing project which includes underground parking.



Though currently scarce, parking at the new commissary will be plentiful when the parking lot is completed.

Ad goes here

BOSS Beach Blast is big success in balmy Busan

Korea Region MWR

BUSAN -- With the help of the Korea Region Morale, Welfare and Recreation Division, servicemembers stationed on the peninsula kicked off the summer in style with BOSS's 12th Annual Beach Blast. The two-day Better Opportunities for Single and Unaccompanied Service-members Summer Beach Blast was held at Song Jung Beach in Busan. The event attracted single and unaccompanied servicemembers from Busan to the DMZ.

Many servicemembers viewed the event as an excellent opportunity to get a little bit of "R&R" from the high stresses put on them guarding "Freedom's Frontier." It also allowed them an economical way to escape the monotony of barracks life and to kick back in a beach setting.

According to Robert Lattanzi, recreation program manager, "This is our largest BOSS event supported by a huge servicemember and volunteer force. Servicemembers sign up for this event because it is well organized and it's focused on their having a good time through competitive and social events. We do the best we can to make them forget the rigors of their duty."

Participating servicemembers began the weekend by boarding buses provided by local installations and headed to Busan for the



The 10-person pyramid-building contest just one of many events held at the Better Opportunities for Single and unaccompanied Servicemembers Summer Beach Blast at Song Jung Beach in Busan.

weekend's kick-off events – the bodybuilding and karaoke competitions. Held at Camp Hialeah's Pusan Pub, the events packed the house.

"This year we decided to hold the Beach Blast the week after Memorial

Day weekend so we wouldn't have to compete with all of the other events taking place on the peninsula," said Sgt. Kenneth Richardson, Area IV BOSS coordinator. "We had a great turnout with more than 600 participants, so we

are very happy with that." Last year's event, held on a weather-plagued Memorial Day weekend drew less than 200 participants.

As the Friday evening events were under way, MWR representatives continued to work behind the scenes in preparation for the weekend's grand finale – the BOSS Beach Blast. Although countless hours were already spent preparing for the huge beach barbecue, more than 50 volunteers from the host installation continued to carry out the final coordination and planning. Rallying the troops, O Kyong-sung, Camp Hialeah Community Activities Center director, and his volunteers worked late into the night and awoke at sunrise to ensure everything was in place for the hundreds of servicemembers scheduled to arrive in a matter of hours. Though a bit bleary eyed, the volunteers gathered during the early morning to load trucks, transport food and materials, set up tents and fire up the grills. Working constantly throughout the day, these volunteers showed true MWR spirit by never letting their exhaustion get the best of them.

Local BOSS Soldiers and peninsula-wide MWR advisors took the lead in conducting all the weekend events. "It was great seeing the BOSS Soldiers working hand-in-hand with the MWR advisors," said Staff Sgt. Bernadette Javois, U.S. Forces Korea and Eighth

See **BOSS**, Page 28

Camp Hialeah change of command marks beginning of end

By Galen Putnam

Area IV Public Affairs

CAMP HENRY – In what was likely the last change of command involving top leadership at Camp Hialeah, the reins were handed over to the man tasked to oversee the closure of the garrison during a change of command ceremony held on the historic installation's helipad Wednesday.

Incoming commander Lt. Col. Roger A. Dansereau, whose previous assignment was with Joint Task Force Six at Fort Bliss, Texas, where he served as chief, Logistics, Plans and Operations, J4 Directorate, took over for outgoing commander Jeffery K. Ludwig whose next assignment will be with Headquarters, U.S. Army Combined Armed Support Command, Fort Lee, Va.

Dansereau will also serve as commander of the Pusan Storage Facility.

The ceremony was co-hosted by Col. Donald J. Hendrix, Area IV Support Activity commander, and Col. Charles J. Toomey Jr., commander of the Materiel Support Center – Korea at Camp Carroll.

Hendrix praised Ludwig for his commitment and performance.

"Jeff touched everyone here today in one way or another. In three tours commanding garrisons or directly watching over community operations, I have never seen it done better," he said. "Dual-hatted

as both a combat service support and base operations commander, Jeff made both look easy. He has truly excelled in every aspect of this enormously stressful position."

Ludwig served as commander of Camp Hialeah Garrison and Pusan Storage Facility since September 2002, having extended his tour to allow his son to graduate from Pusan American School.

Dansereau, a native of Rhode Island, enlisted in the National Guard in 1983. After attending Reserve Officer Training, he was commissioned in May 1985.

He has held a variety of command and staff positions including: executive officer, Headquarters and Headquarters Company, Joint Task Force Bravo, Soto Cano Air Base, Honduras; commander, 227th Quartermaster Company, 101st Division Support Command, 101st Airborne Division (Air Assault); and chief of supply, Allied Forces Southern Europe in Naples, Italy.



Lt. Col. Roger A. Dansereau

His military education includes the Quartermaster Basic and Advanced Courses, the Petroleum Officer Course and the Joint Forces Staff College. He has also attended Airborne, Parachute Rigger, Jumpmaster and Air Assault schools.

Dansereau holds a bachelor of science degree in business management from Rhode Island College and a master of arts degree in national security and strategic studies from the Naval War College.

His awards include the Defense Meritorious Service Medal with one oak leaf cluster, the Meritorious Service Medal with one oak leaf cluster, the Army Commendation Medal with three oak leaf clusters, the Joint Service Achievement Medal with one oak leaf cluster, and the Army Achievement Medal with one oak leaf cluster.

The main area of Hialeah was once owned by Cho Sun Racing Association and was used as a horse racing stadium, during the period Japan occupied Korea. The road encircling the Haven Club was the track. The round portion of the building was used to place bets and to gain admission. During World War II, the area was used by the Japanese Imperial Army to train and bivouac troops. After Liberation Day, Aug. 15 1945, the first U.S. Army troops in Korea occupied the camp.

The Camp Hialeah is scheduled to close by August 2006.

NEWS & NOTES

Junior Golf Program

The Evergreen Golf Club will conduct its 2005 Junior Golf Program July 11-15 for golfers age 5-17. Registration and payment of fees will take place 5:30 p.m. July 8 at the Evergreen Golf Course Pro Shop. Registration fee of \$25 includes instruction, amenities bag, awards and party. For information, call Ray Cragun at 764-4601 or the Golf Shop at 764-4628.

Sure Start

The Taegu American School Sure Start program is accepting applications for fall 2005. Children must be four years of age or older by Oct. 31. Applicants must be military command sponsored and have ranks between E-1 and E-4. Class size is limited. Applications are due by Aug. 5. For information, call the school at 768-9501.

Artists Wanted

Camp Carroll is looking for volunteers to improve the community and brighten up the fitness center and the outdoor pool. For information, call Mark Juliano at 765-8118.

Camp Carroll Pool Hours

Hours for the Camp Carroll indoor pool are 5:30 a.m. – 8 p.m. Monday, Tuesday, Wednesday and Friday. Outdoor pool hours are 11:30 a.m. – 4:30 p.m. daily. For information, call Mark Juliano 765-8118.

Rape, Drug and Fraud Awareness Briefings

The 20th Military Police Detachment (Criminal Investigation Division) on Camp Henry offers rape, drug and fraud awareness briefings upon request. All commanders and first sergeants are encouraged to schedule these briefings for the unit. To schedule a briefing or for information, call James Seaton at 768-8225.

Korea Theater Support Center TECH Help

If you are experiencing computer problems at work, the Korea Theater Support Center can solve your technical issues. Dial TECH (8324) from any DSN phone for technical support. For information, call 2nd Lt. Frank Barrell at 764-4433.

RESUMIX Training

The Employment Readiness Program at the Camp Henry Army Community Service is offering hands-on RESUMIX training. For information or an appointment, call Lettie Villarosa at 768-7951.

Travel Voucher Submission

Travel vouchers submitted to any Area IV finance office must include the original voucher and one copy. For information, call Staff Sgt. Stacy Drexel at 768-6125.

Toastmasters the talk of Busan

Club offers chance to improve self, speaking skills

By Christie Vanover

Contributing Writer

CAMP HENRY – Sometime in one's military career, a Soldier will have to address a crowd. Whether it's a sergeant going before a promotion board, a first sergeant at formation or a general speaking at a ceremony, the task is inevitable.

According to a 2001 Gallup Poll, 40 percent of adults have a fear of public speaking, but a newly chartered organization in Busan can help Soldiers face their fears and prepare for the unavoidable task.

Toastmasters International has operated out of Camp Hialeah since September 2003. In December 2004, the chapter was officially chartered, and last month, the Gaya International Toastmasters Club celebrated its new accomplishment.

"We teach folks how to be prepared for a speech, and when they're prepared, they are more confident. When they're more confident, they deliver a speech better," said Anthony Gray, Gaya Chapter president.

The chapter is open to anyone and is comprised of mostly military, civilian employees and Korean Nationals.

Members undergo a 10-speech training program designed at developing their public speaking and leadership skills. The first speech is an icebreaker where new speakers talk about themselves.

"The first is very heart-pounding," said Gray. "You can see the blood pumping through their veins. Then, after they speak, they have an epiphany and realize they can actually do it. They have a new found confidence."

Gray notices improvements as early as the second speech, which is based on something the member is passionate about. "You see this transformation almost overnight. You see an immeasurable change.

As they go on for their next eight speeches, then you see the refinement where they develop their own character. You see them taking on the identity of their profession," Gray said.

"I've seen people that go up to podium and look like a statue, stiff as a board, looking down at their notes. Now a year-and-a-half later, they're loose as a goose, making eye contact, changing inflection of their voices. They're really getting a hold of the audience, where as when they first came in, you would think they would never learn to speak in front of a group," Gray said.

The Busan chapter's former president and founding father, Paul O'Leary, also



acknowledged that Toastmasters develops better leaders. He encouraged people to attend a couple of meetings, so they can learn more about the chapter.

Meetings are held twice a month at various locations throughout Busan.

Once someone decides to join, they fill out an application and current members cast a vote of acceptance.

"We want a club of committed people in order to keep the club focused and worthwhile," said O'Leary.

Initial dues are \$39.50, and include manuals and other training resources. Initial dues for Korean Augmentation to the U.S. Army and U.S. Soldiers ranked E-4 and below are paid through the Camp Hialeah Women's Club scholarship fund.

Assistance is also available for civilian employees. "An Office of Personnel Management directive supports Toastmasters because of its professional development advantages," said O'Leary.

According to the directive, "managers may allow an employee to attend Toastmasters Club meetings during work hours."

The Gaya Chapter has 24 members, 20 of whom are chartered. Experienced members are married up with novice members to provide mentorship.

Gray said Soldiers shouldn't be intimidated by joining the new group or speaking in front of a crowd. "I know what it was like to be a young private," said the retiree. "Members really love to work with young people because the majority of them are professionals in their own right. It's a structured environment, but it's very non-threatening."

It can also help junior enlisted Soldiers develop successful techniques for passing promotion boards. "We teach skills such as how to adjust the level of your voice when answering



SUZANNE KOO

The Busan Gaya International Toastmasters Club former president and founding father, Paul O'Leary, takes to the podium.

questions to how to give proper eye contact to board members, Gray said.

In addition to hard work, O'Leary emphasized that members also have a lot of fun. During the charter celebration, the 75 people in attendance got a taste of the fun.

A Table Topics Master told guests she was Noah and she assigned volunteer speakers an animal to portray. Then, they had to convince Noah why they and their mate should be given the last two passages on the ark.

O'Leary said the sales pitches were very entertaining, and they got three new members from the celebration.

"Membership ebbs and flows because of the transitioning of Soldiers and civil servants. It's a constant challenge to recruit members," O'Leary said.

However, once a person becomes a member, they can relocate to one of 9,300 sanctioned Toastmasters International clubs worldwide.

To learn about how to join the Busan chapter, call Gray at 763-7771 or 011-9671-1569 or e-mail him at grayanthonyj@korea.army.mil.

Korean honors fallen U.S. Soldiers on Hill 770

By Kevin Jackson
Area IV Public Affairs

CAMP HENRY – An unexpected donation from a Korean who appreciates the contributions of past and present U.S. servicemembers to his country led to a chaplain and a flight crew holding a small memorial service on a hilltop near Masan.

The 53-year-old Korean man, who asked to remain anonymous in his letter to Gen. Leon J. LaPorte, U.S. Forces Korea commanding general, expressed his sincere appreciation to servicemembers and requested the money be used to commemorate the fallen Soldiers from the Korean War at Hill 770.

Area IV Support Activity – Busan Chaplain (Capt.) Robert Marsi, a three-man flight crew from Company A, 2-52nd General Support Aviation Battalion (South) at Walker Army Heliport (H-805), and a photographer made the flight. Upon arrival atop Hill 770, Marsi lead the group through a 15-minute service, which included several prayers, placement of the flowers, a moment of silence and honorary salute.

“This past weekend, the people of America remembered those who gave their lives in service of our nation. Today, we remember those who sacrificially gave their lives on these

hilltops. So far from home – yet they gave their life’s blood so that the people of Korea might experience the fresh breezes of life, liberty and the pursuit of happiness,” Marsi said to open the service.

The donor has never climbed the 2,300-foot Seobuk Mountain because it would take a climber in good condition several hours and he is handicapped. He instead relies on a Buddhist priest to read the inscription on the Hill 770 monument to him.

“Every time the priest climbs the steep mountain, he reads the inscription for me. And we meditate and pray for the fallen servicemembers. Capt. Timmons and 100 servicemembers lost their lives and this is such a tragedy,” he said in his letter to LaPorte dated April 22, 2005.

Capt. Robert L. Timmons of the 5th Cavalry Regiment was killed in action on Hill 770 near Masan along with the other Soldiers Aug. 23, 1950. The Seobuk Mountain “battle enabled the United Nations Forces to conduct a counter attack as the 5th Regiment of the 25th U.S. Division defeated the North Korean Army in August 1950 during the Korean War,” according to the inscription on the monument. It was one of numerous fierce battles in defense of the Pusan perimeter.

The monument’s inscription indicates



SEBASTIAN SCIOTTI

Spc. Brandon Pate (left) and Warrant Officer 1 Gerald Jactillana (right) from Company A, 2-52nd General Support Aviation Battalion (South) at Walker Army Heliport (H-805), carry the flowers purchased with a donation by a Korean man to the Hill 770 Memorial on Seokbuk Mountain near Masan. Area IV Support Activity-Busan Chaplain Robert Marsi presided over a short memorial service for the 100 fallen U.S. Soldiers from the Korean War at Hill 770 Aug. 23, 1950.

it was dedicated in November 1995 by Lt. Gen. Richard F. Timmons, 8th Army commanding general and son of the deceased; Maj. Gen. Ha Jae-pyung, 39th ROK Division commanding general; 39th Division Soldiers; and the residents of the local community.

The flight crew was pleased to participate in the mission.

“It was a unique opportunity for several reasons from both a professional

and personal standpoint,” said Chief Warrant Officer Michael Carey, who coordinated the flight mission. “Not many people knew a battle was fought on this site so it heightened our Soldiers’ awareness of the sacrifices that our fellow Soldiers made to protect freedoms on this peninsula.

“I’m grateful that we had an opportunity to make it happen.”

Ad goes here

Red Cross volunteers recognized for service to community

By **Christie Vanover**
Contributing Writer

CAMP HENRY — The Area IV Red Cross held its Annual Volunteer Recognition Ceremony at the Evergreen Community Club May 24.

“These volunteers sacrificed their valuable time in order to enhance the community, so we needed to recognize their efforts,” said Jimmy Finch, station manager, Area IV Red Cross.

The Red Cross acknowledges all of its volunteers annually, from those just starting out to those like Chong Ho Tae, a health and safety instructor who contributed more than 1,000 hours in one year.

Another exceptional volunteer,

according to Finch, is Sandy Gallagher. She has worked at the vet clinic for more than three years, averaging 100 hours per month.

“Sandy has been a tremendous help,” said Sgt. Adrienne Denham, a food inspector assigned to Vet Services. “She’s adopted more strays out than any other person here.”

Gallagher voluntarily stood in front of the Post Exchange with strays to let people know what animals were at risk of being put down. “Our adoption ratio was about 95 percent with her here. She really cared about the animals,” said Denham.

Gallagher said she commits so much time to the clinic because she loves the

animals. “Most are just abandoned. It’s horrible,” she said.

She also loves volunteering. “I get more out of volunteering. It’s not like a job. You don’t get tired of it. You can find somewhere to go to do something that you really like,” she added.

Red Cross volunteers work specifically with the medical community at locations like the dental clinic and veterinary clinic. Additionally, health and safety volunteers teach water safety and adult, infant and child CPR.

Last year, the Red Cross logged a total of 5,721 volunteer hours.

To learn about volunteer opportunities, contact the Installation Volunteer Coordinator, Bonnie

McCarthy, at 768-8126.

Interested volunteers can state the type of work they would like to do. After filling out paperwork and undergoing a background check, McCarthy said she will try to place volunteers in positions they are interested in and qualified for.

Red Cross volunteers recognized include: Cho Seon Hee; Cho Yun Chu; Chong Ho Tae; Marietta Dixon; Sandy Gallagher; Douglas Keyes; Kim Hyung Jun; Kim Ji Hyang; Lee Byung Joo; Michael Mattoon; Pak Hyon Kyu; Park Kyong; Jennifer Procter; Son Ki Sook; Son Young Ran; Yang Yu Jin; Yi Chong Hwa; Yi Mi Ryeong; Yi Sang Yop; Yi Yun Hui; Yu Yong Pong; and Brittany Weigle.

BOSS

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U.S. Army BOSS representative.

As the sun peaked signaling the start of the main event, servicemembers flooded the beach for food and friendly competition. In between munching on hot dogs, hamburgers and baked beans, servicemembers participated in a number of events including beach volleyball, sand sculpting, tug-of-war and 10-person pyramid building competitions. Of these, the beach volleyball tournament was the big hit of the weekend. Four-person teams battled it out for the right to claim the title “King of the Sand.”

Soldiers also participated in watermelon and

jalapeño eating contests and a hula-hoop contest.

Although the majority of the funding came from KORO BOSS non-appropriated funds, the event would not have been possible without the support of the many sponsors. The Noncommissioned Officers Association, the U.S. Airline Alliance, American Women’s Club of Korea Thrift Shop Association, Coca Cola, Gold’s Gym and Pusan Grand Hotel all contributed to make the event a success. Coca Cola donated 100 cases of Coca Cola products; NCOA provided cash awards, American Women’s Club of Korea Thrift Shop Association provided cash awards and the U.S. Airline Alliance

provided round-trip airline tickets.

There are always challenges when planning an event of this magnitude, but ultimately all the hard work put forth was worth the effort according to organizers.

“We (Area IV) host the event every year and it takes a lot of work but it gives you a wonderful feeling to see everybody enjoying themselves,” Richardson said. “The Area I Soldiers in particular asked if we could do something like this more often since they don’t get the chance to get out of Warrior Country very often. We have such great beaches down here. It would be great if we could.”

Ad goes here

전염병과 그 예방법에 대하여

상병 서기철

■ 봄철 전염병과 예방법

1. 홍역(Measles)

*전파경로

-직접 접촉 또는 환자의 콧물 등 분비물로 오염된 물건
-공기 등 간접 접촉으로도 전염

*잠복기간 : 감염 후 발열까지 10일, 감염후 발적(發赤)까지 14일

*전염기간 : 발적전 4일부터 발적후 5일내지 9일

*임상특성

-상기도 감염의 증세와 구장 점막에 코플릭 반점이 나타남
-귀의 뒤, 목, 앞이마, 팔다리의 피부발진

*예 방 법

-예방접종 실시
-유행시 전염된 환자는 약1주일간 격리조치 필요

2. 유행성이하선염(Mumps)

*전파경로 : 환자와의 접촉, 환자의 침 또는 오염된 물질

*잠복기간 : 13~24일

*임상특성

-오한, 미열, 두통 및 귀 또는 목까지 부을 수 있음
-입을 벌릴 때나 귀의 통증, 난청이 나타날 수도 있음

*예 방 법

-예방접종 실시
-환자를 격리하고 오염된 물건의 소독

3. 풍진(Rubella)

*전파경로 : 접촉, 공기중 전염, 오염된 기물에 의하거나 선천적 전염

*잠복기간 : 14~21일(보통 18일)

*임상특성

-38℃내외의 열, 목뒤의 임파절이 커지면서 발진이 생김
-전신의 임파절이 붓고 2~7일간 지속

*예 방 법

-예방접종 실시
-4대 개인위생수칙(손씻기, 음식물 끓여먹기, 음식물 오래 보관 안하기, 조리기구 소독하기)

■ 여름철 전염병과 예방법

1. 콜레라(Cholera)

-전파경로 : 환자나 보균자의 대소변에 오염된 물, 음식물
-잠복기간 : 6시간~5일

*임상특성

-고전형 콜레라의 경우 쌀뜨물 같은 심한 설사가 수시간 계속되며 탈수로 갈증이 나타나며 소변이 나오지 않음
-최근 유행하는 콜레라는 일

반적인 설사증세가 지속됨

*예 방 법

-철저한 개인위생
-4대 개인위생수칙(손씻기, 음식물 끓여먹기, 음식물 오래 보관 안하기, 조리기구 소독하기)

2. 장티프스(Typhoid fever)

*전파경로 : 환자나 보균자의 대소변에 오염된 물, 음식물

*잠복기간 : 6~14일

*임상특성

-지속적인 발열, 권태감, 식욕 부진, 느린 맥박, 설사후의 변비 등

*예 방 법

-예방접종 실시
-4대 개인위생수칙 준수 및 환자, 보균자 관리 철저

3. 파라티프스(Paratyphoid fever)

*전파경로

-피부상처를 통해 전염(흙, 사람이나 동물의 대변에 의하여 직접 감염)

-신생아의 경우 탯줄 절단부위에서도 전염

*잠복기간 : 4~21일(평균 10일)

*전염기간

-건조상태에서 15년이상 생존
-특히 녹슬은 금속과 흙에 널리 분포(사람에서 사람으로의 전염은 안됨)

*임상특성

-근경직과 근경련으로 입을 벌리기가 불가능하며 팔다리 및 목 등의 마비

-다소 빠른 맥박 및 미열이 나타날 수 있으며 사망률은 약5%정도

*예 방 법

-예방접종 실시
-4대 개인위생수칙 준수

4. 세균성 이질

*전파경로

-대변에 의한 오염물로 경구전염

(환자가 배변후 만진 문고리, 타월 등에 의해 전염)

-오염된 식품으로도 전염

*잠복기간 : 1~5일

*임상특성

-심한 복통, 오한, 고열, 점액과 혈액이 섞인 설사 등

*예 방 법 : 4대 개인위생수칙 준수

5. 일본뇌염(Japanese Encephalitis)

*전파경로 : 일본뇌염모기(빨간집모기)가 산란기에 사람을 흡혈하여 전염

*잠복기간 : 감염모기에 물린 후 7~20일

*임상특성

-초기 : 두통, 발열, 구토, 설사 등 소화기 질환

-극성기 : 고열, 혼수상태, 전신마비 등

-회복기 : 언어장애, 판단능력 및 사지운동 저하 등 후유증 발현

*예 방 법

-예방접종(효과발생기간을 감안하여 5~6월경)

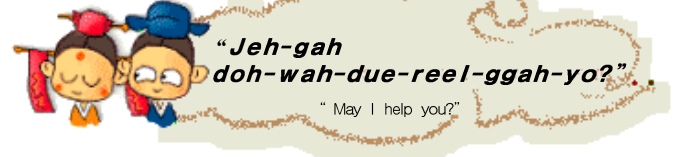
-모기에 물리지 않도록 한다.

This article is about
"The way to prevent
epidemic"

Learn Korean Easily



Language Instructor
Minsook Kwon



Single Consonants											
ㄱ	ㄴ	ㄷ	ㄹ	ㅁ	ㅂ	ㅅ	ㅇ	ㅈ	ㅊ	ㅋ	ㅌ
g	n	d	r, l	m	b	sh, s	ng	j	ch	k	t
Double Consonants											
ㄲ		ㄸ			ㅃ			ㅆ			ㅊ
gg		dd			bb			ss			jj
Single Vowels											
ㅏ	ㅑ	ㅓ	ㅕ	ㅗ	ㅛ	ㅜ	ㅠ	ㅡ	ㅣ		
ah	yah	oe	yoh	oh	yo	oo	you	ue	ee		
Double Vowels											
ㅘ	ㅙ	ㅚ	ㅜ	ㅝ	ㅞ	ㅟ	ㅠ	ㅡ	ㅣ		
eh	yeh	yeh	weh	wah	wuh	wee	ui				

Word of the week

필름

ㅍ ; p, ㅌ ; l /
ㅌ ; l, ㅡ ; ue, ㅍ ; m
'peel - luem'

film

The phrase of the week

"Where can I buy film?"

필름 어디서 사요?

Peel-luem oe-dee-soe sah-yo?

film

Where

can I buy

Conversation of the week

여기 너무 멋있어요.

Here is very nice.

**Yoe-gee noe-moo
moe-shee-soe-yo.**

정말입니다.

That's right.

Joeng-mahl-eem-nee-dah.

사진 찍어드릴까요?

May I take a photo of you?

Sah-jeen

jjee-goe-due-reel-ggah-yo?

네.

All right.

Neh.

웃으세요.

Please make a smile.

oo-sue-seh-yo.

(치즈)!

(Cheese)!

(Chee-jue)!

(김치) (geem-chee) (Kimchi)

(웃어요) (oo-soe-yo) (smile)

Share this column with a Korean co-worker.